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## TOWNSVILLE GRAMMAR SCHOOL

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18 November 2025

### Expression of Interest: 2026 Club Rowing Season

Dear Parents and Students,

We are now calling for Expressions of Interest for the 2026 Club Rowing Season, open to students who will be in Years 7–12 in 2026.

Rowing is a fantastic sport that builds strength, endurance, discipline, and teamwork. It provides students with the opportunity to develop lifelong fitness habits, form strong friendships, and experience the satisfaction of working together towards shared goals – both on and off the water.

#### **Getting Started**

For students new to rowing, we offer a **Learn to Row** program in Term 1. This introductory program covers the fundamentals in a fun and supportive environment, helping students gain confidence before progressing further. This program is generally run afterschool. All students will travel by bus to the Riverway Rowing Club, with training finishing at 6:00pm. Parents may collect their child from the venue, or students may return on the bus to the North Ward Campus. Boys will generally train Monday and Wednesday afternoons and girls Tuesday and Thursday afternoons.

- **Cost: \$133**

Students can then continue their journey in the **Transition Squad**, which bridges the gap between learning the basics and joining a full competitive team. This program also runs afterschool with the same travel arrangements as above. Boys will generally train Monday and Wednesday afternoons and girls Tuesday and Thursday afternoons.

- **Cost: \$146**

#### **Middle School and Senior School Rowing (Term 2 onwards)**

In Term 2, experienced and Transition Squad rowers move into their respective teams – Middle School or Senior School – as they prepare for the official rowing season. These programs include a combination of gym and on-water sessions.

- **Middle School Teams – cost TBC**  
Will generally train afterschool with two on-water sessions (two for boys and two for girls) and one combined gym session.
- **Senior School Teams – cost TBC**  
Will have three on-water sessions (two boys, two girls and one combined) along with two to three gym sessions. On-water sessions are generally early morning before school, and gym sessions may be held before or after school.

Training days and times for Learn to Row, Transition Squad and Middle/Senior School Rowing will be confirmed once we enter the new year.

#### **How to Register Interest**

To register your interest, please log into Parent Lounge and select Extra-Curricular to submit your Expression of Interest for the 2026 Club Rowing Season.

We look forward to another exciting season on the water and hope to see both new and returning rowers join the Grammar

#### **NORTH WARD**

45 Paxton Street, North Ward, QLD 4810 | 07 4722 4900

#### **ANNANDALE**

1 Brazier Drive, Annandale, QLD 4814 | 07 4412 4800

#### **NORTH SHORE**

North Shore Boulevard, Burdell, QLD 4818 | 07 4412 6600

Rowing community.

If you have any questions, please don't hesitate to contact [me](#).

To see more information about the Rowing program and to stay up to date with the latest rowing news, please visit our [Club Rowing | Townsville Grammar School](#) page.

Kind regards,

A handwritten signature in black ink, reading 'Erin McGuffie' in a cursive script.

[Erin McGuffie](#)

Rowing Co-ordinator

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*BONUS INTRA MELIOR EXI*