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## TOWNSVILLE GRAMMAR SCHOOL

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23 January 2024

### Learn to Row 2024

Dear Parents,

Rowing is an exciting and challenging sport with social and team building qualities that students find very rewarding. Townsville Grammar School offers students a unique opportunity to participate in a 'Learn to Row' program. This introductory exposure to Rowing provides students with some experience in the sport before deciding if they want to commit to the full program.

#### Overview

- The Learn to Row program is open to girls in Year 7, 8 and 9 only and Years 8 and 9 boys only.
- At the conclusion of the three-week course, students who wish to continue onto the 2024 Middle School Rowing Team will be invited to nominate and will continue training for the remainder of Term 1 in preparation for the Term 2/3 racing season.

#### The Three-Week 'Learn to Row' Course

**Dates and Times:** Commences Term 1, Week 4 (Monday, 12 February) and concludes Week 6 (Thursday, 29 February).

- **Boys:** Monday and Wednesday afternoons 4:00 – 6:00pm
- **Girls:** Tuesday and Thursday afternoons 4:00 – 6:00pm

**Please ensure you are available for BOTH training sessions for the duration of the course before committing to this activity.**

**Venue:** Riverway Rowing Club, Loam Island Community Centre, Riverway Drive, Rasmussen.

**Transport:** Bus transport is provided. Students meet at the School Gymnasium. The bus departs at 3:30pm and returns at 6:30pm. Parents are welcome to collect students from the sessions if they prefer.

**Cost:** \$128 payable during sign-up via Parent Lounge.

**Supervision:** The program is operated by accredited School coaches assisted by senior rowing team members.

**Training Uniform:** Full TGS sports uniform with hat.

**Prerequisite:** All participants must undertake a one hundred metre freestyle swim test supervised by rowing staff.

Two opportunities are available to complete the swim test for this activity:

1. Tuesday, 30 January 12:40pm in the School pool.
2. Friday, 2 February 12:40pm in the School pool.

#### NORTH WARD

45 Paxton Street, North Ward, QLD 4810 | 07 4722 4900

#### ANNANDALE

1 Brazier Drive, Annandale, QLD 4814 | 07 4412 4800

#### NORTH SHORE

North Shore Boulevard, Burdell, QLD 4818 | 07 4412 6600

**Limited Numbers:** Due to the high demand for entry into the 'Learn to Row' program and the Middle School Rowing Team, participation is capped at 15 boys and 15 girls.

The successful nominees will have passed the one hundred metre swim test and guaranteed their availability for all sessions for the duration of the course.

Excess nominations can be placed on a waiting list by request. Please email [rowing@tgs.qld.edu.au](mailto:rowing@tgs.qld.edu.au) should you miss out on the initial intake.

Parents will be contacted directly should a student not meet competency expectations in the swim test.

**Payment:** Payment in full will be requested upon the successful completion of the swim test.

If you have any questions, please do not hesitate to contact me via email at [rowing@tgs.qld.edu.au](mailto:rowing@tgs.qld.edu.au) or via phone at 4722 4959

Kind regards,

A handwritten signature in black ink, appearing to read 'Tayla Donnell-Wales', written in a cursive style.

Tayla Donnell-Wales  
**Director of Rowing**