




Week Ending Sunday, 20 July 2025

<p>Co-ordinators</p> <p>Notes</p>	<p>The Senior Team Rowing Camp was held during the final week of the holiday break in preparation for the closing phase of our season and the all-important Head of the River Regatta.</p> <p>Athletes embraced a variety of activities—from on-water training and ergometer sessions to yoga and kayaking—and tackled every challenge with grit and determination!</p> <p>Thank you to all participants for your dedication to the team and our shared goals. A special thank you to our boarding families for the extra effort made to ensure your children could take part in this annual event. Your support is greatly appreciated.</p>  <p>A reminder that I am based in the Sports Office at school on Tuesdays and Thursdays each week. On all other days, I work off site. If you need to get in touch, please contact me via email or phone on 0403 631 393.</p> <p>Erin McGuffie</p> <p>Rowing Co-ordinator</p>
<p>TASRA #4 Regatta</p> <p>Sunday, 27 July</p>	<p>The TASRA #4 Regatta will be held this Sunday, 27 July at the Riverway Rowing Course (1100 Riverway Drive, Rasmussen QLD 4815).</p> <p>The most important document for understanding your racing this weekend is the TGS Race & Resource Planner. Crew names and events listed in this document are accurate and should be used as your primary reference.</p> <p>Please note: The planner will be sent out as soon as the final draw has been released—keep an eye on your emails.</p> <ul style="list-style-type: none"> • Heats will take place in the morning, followed by Finals in the afternoon. • All students MUST be on site 70 minutes prior to their first race. This is critical. Late arrivals risk forfeiting a race for themselves and their crew.



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- Students are free to leave once they have completed all racing obligations but **MUST** notify coaching staff before departing. No student may leave until Finals have been posted and a coach has confirmed they are free to go.

Catering:

Food, drinks, snacks, and coffee will be available on-site throughout the day.

Transport:

A school bus will run to and from the regatta for boarders and any other team members who would like to use it. The bus will depart school at 6:00am sharp.

NQ Trials

There will be no training this Saturday, 26 July due to the North Queensland Schools Rowing Team Trials taking place at the Riverway Course.

We encourage all team members to come down and support our TGS nominees, who will be racing on the day:

Athlete Nominees:

Gus Maruff, Finn Pacey, Harry Bunday, Julian Beaumont Walsh, Noah Boggild, Sophie Andrews, Matilda Hare, Cameron Mills, Nicholas Beaumont Walsh, Ted Baldwin, Josie Broad, Claudia Gates, Ally Callaghan, Isla Hunter, Harper Caverzan

Coxswain Nominees:

Jack Mellett, Saran Calleja

Best of luck to all our rowers taking part—go Grammar!

State**Championships****🚨 URGENT: 2025 State Championship Rowing Team – Expression of Interest 🚨**

All students wishing to be considered for the 2025 Townsville Grammar School State Championship Rowing Team must submit their Expression of Interest via Parent Lounge immediately.

This is critical for the Head Coach to finalise the list of athletes aiming for selection. If your form is not submitted, you may not be eligible for selection.

Please action this today if you haven't already done so.

NQ School**Regatta**

The NQ Regatta is fast approaching and will take place on **Saturday 9 and Sunday 10 August**. This is a fantastic opportunity for our rowers to gain valuable race experience and proudly represent our program in a regional competition.

Seat fees: \$27.50 per race

How to nominate: Students wishing to compete must email me directly with the events you'd like to enter.

Full event details, including the event list and schedule, can be found here: [Rowing Queensland Regattas](#)

Important Dates

Term	Week	Date	Event
3	2	Saturday, 26 July 2025	Interregional Time Trial
3	2	Sunday, 27 July 2025	Townsville All Schools Rowing Regatta



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	3	4	Saturday, 9 August 2025	NQ Schools Rowing Regatta
	3	6	Sunday, 24 August 2025	Townsville All Schools Head of the River
	3	7	Thursday, 28 August 2025	Co-Curricular Photos - North Ward Campus
	3	8	Friday, 5 September 2025	Club Rowing Awards Night - North Ward Gymnasium
	3	Holidays	Saturday, 20 September 2025	QLD Schools' Championship Rowing Regatta
	3	Holidays	Sunday, 21 September 2025	QLD Schools' Championship Rowing Regatta
	3	Holidays	Monday, 22 September 2025	QLD Schools' Championship Rowing Regatta
TGS Co-Curricular Facebook Page	Follow our TGS Co-Curricular Facebook page to see all our Activities in action.			
School App	<p>The TGS App is an essential tool for staying updated on all our sports communications. We highly encourage all students and parents to download the app to their phones as a priority.</p> <p>The School App can be easily downloaded from the Apple App Store or Google Play by searching for "Townsville Grammar School."</p> <p>Steps to get started:</p> <ul style="list-style-type: none"> ➤ Search for "Townsville Grammar School" in your app store and download the app. ➤ Open the app and go to Settings (located at the bottom of the screen). ➤ Select Notifications and enable them to receive important updates from the School. ➤ Choose Subscriptions to select the year levels and co-curricular activities that are relevant to you. <p>Don't forget to select Rowing under Subscriptions to stay informed about all rowing-related notifications.</p> 