





# ROWING

## NEWSLETTER



### Rowing Notes

Week Ending Sunday, 3 March 2024

<b>Learn to Row</b>	<p>This is the final week of our Learn to Row course. Only those participants who have signed on for the 2024 TGS Rowing Team will continue training next week.</p> <p>For those leaving us, thank you so much for trying something new and giving rowing a go! I wish you all the best in your next endeavour.</p> <p>For those who have taken the plunge and committed to our great team for the season ahead, welcome aboard!</p> 
<b>Transition Squad</b>	<p>Next week those students who took part in the 2023 Year 7 'Try Rowing' Activity will join the current Learn to Row squad as we move forward creating and training crews that will take part in the Term 2/3 regatta season. We refer to this new combined group as the 'Transition Squad'.</p> <p>Returning rowers from Year 7: please ensure you have <b>cleared your schedule</b> and will attend <b>both training days</b> as per the terms and conditions at sign-on. This is not negotiable.</p> <p>Should you have a clash with any another activity, please make alternative arrangements with the co-ordinator of the conflicting activity.</p> <p><b>Nominations for the 2024 Rowing Team MUST be received by Tuesday, 5 March.</b></p> <p>The full 2024 TGS Rowing Team will be published in our weekly notes on Thursday, 14 March.</p>
<b>Middle School &amp; Senior School Squad</b>	<p>If you are a returning Middle or Senior Team rower from our 2023 Rowing Team, sign up for Term 2/3 is now available (this does not include our current Learn to Row students or our 2023 Try Rowing Squad, you will be signing on as Transition Squad).</p> <p>Reminder - The Senior Team's February 2000m ergometer scores can be found on the <a href="#">Club Rowing page</a>.</p> 
<b>School App</b>	<p>The TGS App plays a very important part in our sports communications. I encourage all students and parents to download this app to your phones as a matter of priority.</p>



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The School App is available for download from the Apple App Store or Google Play, by searching Townsville Grammar School.

- Search Townsville Grammar School and download
- Go to Settings (bottom of screen)
- Select NOTIFICATIONS - enable - this will allow you to receive important School notices
- Select SUBSCRIPTIONS - select the Year Levels and co-curricular activities that are relevant

Once downloaded, select 'Rowing' for notifications.

