



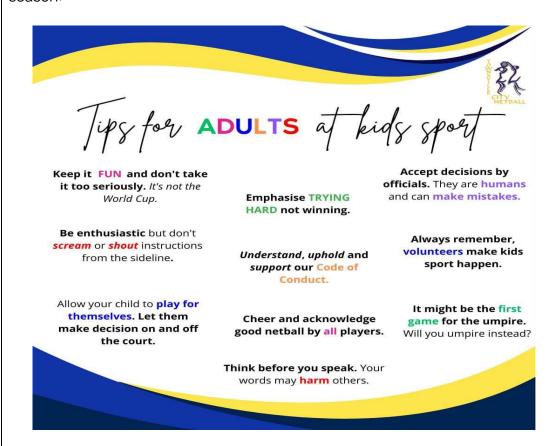
NetBall Notes

Week Ending Sunday, 17 March 2024

Term 1, Week 8 Wrap Up

Well done to all teams for their first week of grading. From all accounts, it was a relatively successful night! Thank you to all our coaches, umpires and parents for your support during the first round. Shout out to Mr Brennan for stepping in to help coach Grammar 14!

Just a general reminder from the TCNAI to ensure everyone has an enjoyable season:



Results and a recap from coaches are as follows:

Grammar 1 I Cindy Hughes

The Grammar 1 girls played two very well contested even games of netball tonight. First up was Saints Seahawks. As this was a grading round, it was a great opportunity to try out all of our combinations on the court. The girls really leaned into this and took it in their stride to showcase some really high-quality netball.





We gelled exceptionally well and all players really showed up. We were eventual winners of this game 11-10. Game two against Runaways Barraways was again a very even game that could have gone either way. We had a great start leading 5-0 but unfortunately, we let them back into the game and went down 9-12. All in all, it was a great start to our season and I am really looking forward to getting into the hard work needed to make our season a successful one.

Grammar 2 | Sophie Durant

This week in training, Grammar 2 focused on half court and circle work, feeding the ball to the shooters. In our grading games, even though we went down in both games, the team contested the ball well and made some great passage of plays down the court to our attacking end. We had a good amount of possession in each game and our defensive end was strong, turning over heaps of plays. Next week's focus will be more on fitness and pacing.

Grammar 3 I Chloe Beauchamp

This week in training, the girls focused specifically on zoning within the goal circle and using their whole body to switch direction to make a play for the ball. During our grading rounds this week, we played evenly matched games against Cathedral Pride and Phoenix Fierce. Although the girls were incredibly nervous, they showed perseverance, resilience and adaptability. What really stood out for me as a coach, was their incredibly loyalty towards one another, which will be a great asset this season. I am so excited to watch them grow from week to week, both as players and as young adults.



Grammar 4 I Cindy Hughes

The girls played two very different games of netball tonight. The first against Saints Spartans was a really tough one, that the girls lost 17-8. We had some really nice passages of play, but really rushed and forced way too many balls. The second game was against Runaways Bellaways where the girls had a very strong win 17-7. We have lots to work on but it was a really strong start to the season and I am positive the girls will build on this each week.





Grammar 5 I Grace Ironside

The girls had a really great first week back on the courts. Despite going down for both our games, the defenders turned lots of balls. Shout out to our shooter, Lily Jewell, she had a great first game in the black and gold. We have lots of potential to work with but also lots to work on in training.

Grammar 6 I Isabella King

This week at training we focused on new drills and communication, along with coming forward/ driving to the ball as opposed to away from it. We worked on building connections within the defence, mid courts, and shooters so they learn to gain each other's trust on court. We also played a game at the end of training to put in place new skills that we just learnt. As the girls have never met me before, we are beginning to build a lovely relationship and I'm really looking forward to season continuing. At grading, we played against Phoenix and Cathedral, although we did lose to Phoenix we held a strong front and didn't let them win easily. However, we did draw with Cathedral which the girls seemed a little nervous before the game to verse "Cathedral", but we definitely played two great games of netball! I loved watching them take on board feedback at half and full time, and really look forward to them growing as a team and building stronger connections!

Grammar 7 I Georgia Gardiner

Grammar 7 put up a tough fight against Runaways which resulted in a draw. They then went up against Cathedral and dominated, walking away with our first win. All the girls put in a huge effort, communicated well and created space to score. The girls worked together really well especially since some have never played with each other before. They showed great team cohesion and proved that they are a team to watch. Next week in training we will work on drives, getting around and in front of players along with some circle work.

Grammar 8 I Anjali Rao, Olivia Arnaboldi & Matilda Arnold

Grammar 8 started off the new season strong. With some of the girls being new to netball, we had a rocky start, but everyone has gotten to their feet very quickly. With some improvement to basic skills, the girls will improve very fast. The team showed awesome movement, always trying to get the ball and be an option. However, we need to work on spatial awareness and knowing when to drive towards the ball and when to drop back to find space. These little mistakes meant our efforts weren't reflected in the final scores. Grammar 8 is still getting used to playing together as a team and they should be very proud of their efforts tonight. We had smiles the whole night, which we believe is just as important as a win.





Grammar 9 I Justin Pfeffer, Rikki Doherty & Olivia Easton

Our training this week had an emphasis on building team communication through agility and passing. We worked on establishing strategy for our centre pass, especially with our attacking players developing agility and strategy to kite the defending players to create space and feed the ball to the shooters. We played a half-court game to cement our learning and to help establish roles for the grading games. For our grading games, we played Phoenix Fusion and Cathedral Clovers. This was a fantastic way to see our girls in action, as it provided a lot of great information as to their areas of strength and weakness. Ira Desai was our MVP, demonstrating how game-sense, agility and focus can outplay opponents twice her height. It's great to see so many of the girls applying the skills from training. For many, it was a great opportunity for them to become aware of their growth areas, which sets them on the path of improving. I'm really looking forward to them becoming more comfortable as a team as they learn to be more bold with their communication.

Grammar 10 I Naomi Torie, Emma Jarvis & Lucia Parmegiani

This week the girls had great training sessions and games. During training, all the girls worked hard to learn more about the game and figure out which positions they wanted to play. We focused closely on mock games to ensure the girls felt prepared for their games on Wednesday as well as learning about positions on the court. Our grading games went well, and every girl put in lots of effort on the court, listening to feedback and trying their best. For it being their first two games as a team, the girls played exceptionally well. Naomi, Lucia and I are looking forward to watching the girls further improve their skills in training and future games.

Grammar 11 I Lisa Robertson

This week Grammar 11 met as a team for the first time and played their first game together. The girls did remarkably well! We started with a draw against Cathedral and finished with a win against Phoenix. In training we're going to work on some netball fundamentals such as planting our feet when we have the ball and strong passes. I look forward to working with Grammar 11 this season!

Grammar 12 I Colleen Heib

We started off with a couple of tough grading games. The girls demonstrated enthusiasm and teamwork as they moved the ball down the court. Sienna F. showed her defensive skills in GK, while Matilda and Imogen moved well through the mid court. Great work girls!





Grammar 13 I Colleen Heib

The girls have begun the season well, having a win for their first grading game. Everyone was excited and enthusiastic to have a go at some different positions. Anabel was amazing through the mid court and Sophia was showing her skills in defence. Well done to all the girls!

Grammar 14 I Luke Brennan

There were many signs of a successful and enjoyable season for Grammar 14, Wednesday evening. With many first-time netballers pulling on the black and gold, the team quickly began to gel with some fast-passing attacking movements. Transitioning to defence proved to be a challenge, but an area I am sure the team will improve in with more time on the court together. Well done to all players on a fantastic start to the netball season.

Registration

Registrations for the Junior Competition (U12, U15 and U18) are now closed. **SetGO Competition**

• For students turning 7 – 10 years old in 2024, please <u>click here</u> to register.

Please note there has been an increase in fees due to fee increases from both the TCNAI and Netball Queensland this year.

We need you - Call for Help.

Thank you to all the parents who have offered to assist with scoring if needed. We really appreciate your support. Without the help of parent volunteers, running a game of netball is difficult. It's not just the coach and players who make the game fun, it's up to parents and officials too!

School App

The TGS App plays a very important part in our sports communications. I encourage all students and parents to download this app to your phones as a matter of priority.

The School App is available for download from the Apple App Store or Google Play, by searching Townsville Grammar School.

- > Search Townsville Grammar School and download
- Go to Settings (bottom of screen)
- > Select NOTIFICATIONS enable this will allow you to receive important School notices
- > Select SUBSCRIPTIONS select the Year Levels and co-curricular activities that are relevant

Once downloaded, select 'Netball' for notifications.

