



## TOWNSVILLE GRAMMAR SCHOOL

13 January 2026

### 2026 Swim@Grammar – Term 1

Dear Parents,

We are pleased to advise that Swim@Grammar will be offered at the North Ward Campus pool during Term 4. Swim@Grammar is supervised by a Love2Swim coach and is available only to **intermediate and experienced** swimmers from Years 3 to 12.

To participate in Swim@Grammar, swimmers **must** be able to confidently complete the following:

- 50m Freestyle with recognisable technique, demonstrating knowledge of bilateral breathing
- 50m Backstroke with high hips, a streamlined kick, and continuous shoulder rotation
- 50m Breaststroke with correct arm, kick, and breath timing
- 25m Butterfly kick

This program is designed to enhance swimmers' fitness in preparation for upcoming swimming carnivals and to build a strong fitness base for the upcoming Club Sport season. Training drills will focus on improving speed and endurance, making this program best suited to swimmers with prior experience rather than beginners or those learning the fundamentals of swimming.

Students who are not yet able to complete the above strokes are encouraged to join the Love2Swim School Program. This program offers small group lessons (1:5 ratio) at the Kokoda Memorial Pool on Hugh Street, Mundingburra.

**Week Start/End:** Week 2 - Week 7

**Venue:** NW Campus Pool

**Sessions:** Tuesday and Thursday: 3:45-5:00pm.

**Cost:** \$30

**Uniform:** TGS swimmers

**Equipment:** Towel, goggles

**Transportation:** Students may use existing bus services to North Ward if space is available. Please note that no additional services will be added. Parents must arrange transport home, with pick-up required from the North Ward campus at the end of each session.

**Max Students:** Limited to 40 participants, ensuring the coach can fully engage with the group.

**Permission:** Please log in to Parent Lounge to confirm attendance and secure your child's place via the Extra-Curricular tab. You must click the **green "Submit to School" button** to finalise the sign-up. If the activity is showing as Pending, the sign-up has **not** been finalised, payment has not been made and your child's spot is **not** secured.

**Students will only be able to participate if permission has been finalised.**

Kind regards,

David Enfantie  
**Director of Sports and Activities**

**NORTH WARD**  
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