



TOWNSVILLE GRAMMAR SCHOOL

Tuck Shop Menu 2021 – North Ward

(Current as of January 2021 – subject to changes throughout 2021)

Breakfast Menu available (7:30 – 8:40am) – See the School's website www.tgs.qld.edu.au

Fresh fruit salad cups		\$4.00
Natural yoghurt, berry swirl & granola		\$4.00
2 slices Raisin Toast with butter		\$2.50
Superfood Balls		
Superfood Balls – Salted Caramel		\$3.50
Superfood Balls – Peanut Butter		\$3.50
Superfood Balls – Cacao & Vanilla		\$3.50
Coconut Chips (assorted)		\$2.80
Coconut bites – Vanilla		\$2.80
Protein bars / Nut bars (assorted)		
Protein bars / Nut bars (assorted)		\$2.90
Mungalli Yoghurt		
Mungalli Passionfruit Yoghurt		\$3.10
Mungalli Rainforest Honey Yoghurt		\$3.10
Mungalli Mango Yoghurt		\$3.10
Chicken Fried Rice		
Chicken Fried Rice	Small	\$3.00
	Large	\$6.00
Salad of the day / daily specials		\$6.00
Pumpkin Soup & wholemeal roll		\$4.00
Rice paper rolls with sweet chilli sauce		\$6.00
Frittata with salad garnish		\$6.00
Ham and salad wrap		\$5.50
Chicken and salad wrap		\$5.50
Ham, tomato & cheese sandwich/toastie		\$5.50
Egg & lettuce sandwich		\$4.00
Gluten free sandwiches/wraps/pizzas available (add)		
Gluten free sandwiches/wraps/pizzas available (add)		\$2.00
Outback Pies		
Outback snack size Pie		\$1.50
Outback Sausage Roll		\$4.00
Outback Beef Pie		\$4.50
Outback Creamy Chicken and Mushroom Pie		\$4.50
Outback Beef, Bacon & Mushroom Pie		\$4.50
Traditional Pastie		\$4.50

Pizza		
Garlic Bread		\$3.50
Hot Chips with Gravy		\$4.00
Nachos (beef/chicken)		\$5.50
Chicken Bites		\$3.50
Mac and Cheese		\$4.00
Flavoured Milk		
Flavoured Milk	300ml	\$3.00
	500ml	\$4.00
Iced Tea		
Iced Tea		\$4.00
Kyneton Flavoured Spring Water		
Kyneton Flavoured Spring Water	300ml	\$3.00
	500ml	\$4.00
Mungalli Creek Fresh Orange Juice		
Mungalli Creek Fresh Orange Juice	300ml	\$2.70
Mulgalli Creek Apple Juice		
Mulgalli Creek Apple Juice	300ml	\$2.70
Mungalli Creek Apple Blackcurrent Juice		
Mungalli Creek Apple Blackcurrent Juice	300ml	\$2.70
	500ml	\$3.80
Emma & Tom's Smoothies		
Emma & Tom's Green Power Smoothie		\$3.90
Emma & Tom's Extreme C Smoothie		\$3.90
Emma & Tom's Brewed White Tea		\$3.90
Emma & Tom's Brewed Green Tea		\$3.90
Zooper Dooper		
Zooper Dooper		\$1.00
Paddle Pop		
Paddle Pop		\$2.00
Frozen Yoghurt		
Frozen Yoghurt		\$2.00
Cyclone		
Cyclone		\$2.00
Bulla Cups		
Bulla Cups		\$1.50

**STUDENTS CAN CHECK THE
TUCKSHOP BLACKBOARD
DAILY FOR SEASONAL AND
VARIED SPECIALS**