SURF LIFE SAVING QUEENSLAND SECONDARY SCHOOL SURF LEAGUE

Central Queensland Region – 2019



Preliminary Information
August 2019
Main Beach, Tannum Sands



WHAT IS IT?

Surf Life Saving Queensland (SLSQ) is proud to present The SLSQ Secondary School Surf League for the Central Qld Region for 2019.

The SLSQ Secondary School Surf League program has been designed to introduce students to surf life saving skills and competition.

The SLSQ Secondary School Surf League will encompass activities relating to surf swimming, beach sprints and flags, board paddling and rescue disciplines.

The format of the league will challenge and enable students to test their abilities against themselves, the environment and students from other schools.

TARGET AGE GROUPS

The SLSQ Secondary School Surf League is targeted at students between the ages of 12 and 18 years old, and competition age groups will be as per the following:

- UNDER 13 (i.e. 12 & 13 years) generally yr. 7 & yr. 8
- UNDER 15 (i.e. 14 & 15 years) generally yr. 9 & yr. 10
- 16 YEARS & OVER generally yr. 11 & yr. 12

Ages will be determined as per the student's age as at 31st December, 2019:

- A student aged 12 years at 31st December, 2019 will be in the U13 age group
- A student aged 13 years at 31st December, 2019 will be in the U13 age group
- A student aged 14 years at 31st December, 2019 will be in the U15 age group
- A student aged 15 years at 31st December, 2019 will be in the U15 age group
- A student aged 16, 17 or 18 years at 31st December,
 2019 will be in the 16 & Over age group

<u>Please Note:</u> For individual events, competitors are only permitted to compete in one (1) competition age group.

Competitors competing in the U13 Board Race will paddle a SLSA endorsed 'Nipper Board' and competitors competing in the U15 and 16&Over Board Races will paddle a SLSA endorsed 'Malibu Board'.

WHEN AND WHERE?

The SLSQ Secondary School Surf League will involve a single day of competition.

The day and date for competition has been selected as follows:

DAY: FRIDAY

DATE: 18th OCTOBER, 2019

BEACH: MAIN BEACH, TANNUM SANDS

Queensland schools are also invited to compete in March 2020 at the SLSQ Secondary School Surf League State Championships.

ELIGIBILITY

All Secondary Schools (year 7 student as minimum) in Central Queensland are eligible to compete and entry is open to any student regardless of whether they are a Surf Life Saving Club member or not.

All students competing in a 'water' event MUST be able to swim 200m in 5 minutes or less. This MUST be overseen and signed by a School Representative and each competitor's pool swim time needs to be recorded on the Nomination Form.

Craft events, however, will be restricted to members of Surf Life Saving Clubs, and any other students who have a Surf Survival Certificate and access to lifesaving equipment.

THE RACES

Gender	Age Group
Male / Female Surf Race	U13, U15, 16+
Male / Female Board	U13, U15, 16+
Male / Female Iron	U13, U15, 16+
Male / Female Beach Flags	U13, U15, 16+
Male / Female Beach Sprint	U13, U15, 16+
Male / Female Beach Relay	U13, U15, 16+
Mixed Surf Teams	U13, U15, 16+
Mixed Cameron Relay	U13, U15, 16+
Mixed All Age Beach Relay	2 of each age group (1 M, 1 F)

CLUB INFORMATION

It is recommended, but not compulsory, that schools align with a SLSQ affiliated Surf Life Saving Club. The advantages of this relationship are that the schools would be able to establish a pathway that sees students progress from attending a one day school surf league to becoming a Surf Lifesaver within the Surf Life Saving Movement.

Surf Life Saving offers recognised Education and Training in a variety of awards including Cert II in Public Safety, First Aid, Advanced Resuscitation just to name a few as well as Industry recognised accreditations in Coaching and Officiating.

By becoming a member of a Surf Life Saving Club, students would be encouraged to give back to their community and gain important employability skills through a volunteer organisation.

If a school is looking to establish ties with a particular club, please contact the SLSQ Wide Bay Capricorn Regional Office on 4111 1000 for the following Club details:

Wide Bay Capricorn Branch

Yeppoon, Emu Park, Tannum Sands, Agnes Water, Moore Park, Bundaberg, Elliot Heads, Hervey Bay

NEED MORE INFORMATION?

Please contact the Event Manager: Mr Craig Holden Regional Operations Manager Surf Life Saving Queensland

Office: Level 1, 62a Barolin Street, Bundaberg Qld 4670

Phone: (07) 4111 1001 Mobile: 0403 577 646

Email: cholden@lifesaving.com.au

GENERAL INFORMATION

NOMINATING YOUR TEAM

All schools must register and complete their nominations via the 'Nomination Forms' attached to this email.

NB: Marshalling sheets are created manually by SLSQ utilising the nomination forms submitted by schools. Please ensure that names are legible and teams are correct before submitting.

Each school team is required to have a Team Manager, who will be responsible for the team and for ensuring the Nomination Forms are filled out correctly and returned by the close of nominations. The Team Manager MAY be a School Teacher OR a Parent authorised by the School to fulfil this duty.

Competition is open to all students from year 7 to year 12, regardless of whether they are surf lifesavers or not. The <u>only stipulation will be that all competitors involved in 'water' events must be able to swim 200m in 5 minutes or less, and if they are also competing in a 'Craft' event they must also have a Surf Survival Certificate or be a current member of a Surf Life Saving Club with appropriate qualifications.</u>

ALSO, AS PART OF SURF LIFESAVING SAFETY PROTOCOLS, <u>ALL COMPETITORS COMPETING IN WATER/OCEAN EVENTS WILL BE REQUIRED TO WEAR A HIGH VISIBILITY RASH VEST</u> – THIS VEST WILL BE SUPPLIED TO EACH COMPETITOR PRIOR TO THE START OF EACH RACE AND COLLECTED AT THE END OF EACH RACE.

No nominations will be accepted that are NOT done on the official Nomination Forms, OR that are late OR incorrectly completed (i.e. without ages, pool swim times, etc.).

If your school is having difficulties completing the Nomination Forms, or if you are unable to understand the process, please do not hesitate to contact Craig Holden for further assistance.

You will find that the nomination forms have been divided into pages as follows:

- Page 1 U13 Female Individual Nominations
- Page 2 U13 Male Individual Nominations
- Page 3 U15 Female Individual Nominations
- Page 4 U15 Male Individual Nominations
- Page 5 16+ Female Individual Nominations
- Page 6 16+ Male Individual Nominations
- Page 7 U13 Team Nominations
- Page 8 U15 Team Nominations
- Page 9 16+ Team Nominations
- Page 10 All Age Beach Relay Nominations

THE PROGRAM

It is envisaged that the entire program will be completed within a five-hour time limit, conducted from 9am-2pm. Presentations will commence immediately after the close of competition (approx. 2.15pm). A 'draft' program will distributed to schools and Team Managers after the close of EOI from all schools. Please note this program may change at the discretion of the event referee on the day of competition.

POINT SCORE

Points will be awarded per event as per the following:

 1st
 6 points

 2nd
 5 points

 3rd
 4 points

 4th
 3 points

 5th
 2 points

 6th
 1 point

A Champion School will be announced at the end of the event and this will simply be awarded to the school that accrues the highest number of points.

A Percentage Pointscore School Trophy will also be announced and will be awarded to the School that scores the most points per competitor (I.e. Total Points divided by Number of Competitors) – to be eligible for this trophy, schools must have a minimum of 5 competitors.

Age Champions (Male and Female – each age group) will also be named and determined as per each competitor's individual points tally from their INDIVIDUAL race results.

PRIZES

CHAMPION SCHOOL - TROPHY
SCHOOL PERCENTAGE POINTSCORE - TROPHY
AGE CHAMPIONS (Male and Female) - TROPHY

COMPETITION EQUIPMENT

All craft used in the SLSQ Secondary School Surf League must meet SLSA/SLSQ specifications and be supplied by the participants. The organisers (SLSQ) will supply the following: -

- Buoys/flags, and equipment (not competition equipment i.e. boards)
- IRB and qualified crew, and other water safety personnel
- Hose/baton for beach relay and flag events
- Marshalling tent/s
- PA System

OFFICIALS

All Schools **MUST** supply the name of one accredited Level 1 or higher Surf Sport Official to act on behalf of the school. Surf Life Saving Queensland will also be calling for Expression of Interest for current accredited Surf Sport Officials in order to conduct the events included on the program.

WATER SAFETY

All Schools MUST supply a minimum of one (1) person to assist with water safety and/or judging throughout the competition.

Please Note: The minimum requirement for 'Water Safety' is a current and proficient Surf Rescue Certificate, Bronze Medallion or equivalent.

Please include the name of the Accredited Official and Water Safety nominations in the EOI for your school.

RULES AND REGULATIONS

A copy of the rules and regulations can be obtained by emailing Craig Holden (cholden@lifesaving.com.au).

COVERING COSTS

A nomination fee of \$5.50 per student has been set (including GST) – regardless of the number of events the student competes in – to cover the costs of providing officials, and the use of Surf Life Saving gear and equipment (including water safety IRB's and administration), and trophies/prizes. Each participating school will be invoiced AFTER the event based on their relevant nominations.

TEAM COLOURS AND UNIFORMS

All Schools are strongly encouraged to have their teams dressed as uniformly as possible for all events. School bathers would be ideal, but not compulsory.

SHADE/SHELTER

Schools are strongly encouraged to provide shelter from the elements for their team members and may choose to bring a tent of some description.

Please also remember to encourage all competitors to bring fluids with them or have the school supply fluids for them (i.e. Water).

INSURANCE

The School Surf League is a sanctioned Surf Life Saving Queensland event and is covered under the Association's insurance policy.

MORE INFORMATION

Further information will be available as soon as the Expression of Interest Forms have been returned. Team Managers will be updated with information in the weeks leading up to the event. In the meantime, please do not hesitate to contact Craig Holden for more information – (07) 4111 1001, 0403 577 646 or cholden@lifesaving.com.au