



Brendan's College



2022 SPORTING INFORMATION BOOKLET



ISC



St Brendan's College Sport - 2022

Welcome to all students and parents of St Brendan's College. The following handout contains an overview of the sporting program for students in Years 7-12 in 2022. This booklet has been designed to provide a general account of the requirements from both parents and students here at the college. Sport specific details are provided at the beginning of each season which contains more detailed information such as training times, venues, coaches, contact numbers, uniform and other specific details.

As a general overview, St Brendan's College is part of the Rockhampton and District Secondary School Inter-School Sporting competition. The competition includes a variety of schools from the Rockhampton, Mt Morgan, and Yeppoon region. In some cases, schools from outside the district will also join the Rockhampton and District competition (e.g., Emerald Marist College, Chanel College etc.). Each of the competitions is played for points with an overall winner being determined through a final's series at the end of each term.

As detailed within, there are a large number and diverse range of sports offered for the boys in Years 7-12. Within these sports, all students of various abilities are catered for. The college values sport as an important means of developing essential life-long physical skills, positive attitudes, and healthy behaviours. We endeavour to provide every student with an opportunity to represent the college and aim to enhance their schooling experience through sport.

I look forward to a highly productive and successful year and I encourage all the boys to be heavily involved in the sporting opportunities that are available at this College.

For any further questions or feedback, please do not hesitate to contact me as we all work together for the delivery of a quality program of sport at St Brendan's College.

Yours sincerely,

Mr Luke Caplick

Director of Sport
St Brendan's College



ROCKHAMPTON AND DISTRICT SPORT OVERVIEW

St Brendan's College offers a vast co-curricular program, with sport being a major part of this extended educational experience.

The following sports are offered below:

<i>Term 1</i>	<i>Term 2</i>	<i>Term 3</i>	<i>Term 4</i>
Cricket	Football (Soccer)	Rugby League	Volleyball
Futsal	AFL		Water Polo
Rugby Union	Basketball		
Water Polo			

Other competitions on offer throughout the year for students include:

Aaron Payne Cup – Rugby League (U/15 & Opens) Terms 1, 2 & 3

Confraternity Shield – Rugby League (Opens) Term 2 (June/July School Holidays)

Ballymore Cup – Rugby Union (Easter School Holidays)

GIO Cup – Rugby League (Opens) Term 3

Q-Schools Cup – AFL (U/14 & Opens) Term 1, 2 & 3

All Schools Touch Football – Touch Football (Term 4)

Western 7's & Q7's – Rugby Union (All ages) Term 4

CQ Champion Schools – Basketball (Opens) Term 3

Christian Brothers Cricket Week – Cricket (January School Holidays)



Training/Matches

During the season, training generally consists of a minimum of 1/2 sessions per week for all teams. All students are expected to be in attendance to ensure appropriate preparation for the upcoming season and for team selections. Details for pre-season and in-season training are detailed within the student notices, student noticeboards and all information is available on the school website. Matches for most sports are played on various days throughout the week and depend on the sport. The St Brendan's College website is generally the most up to date and therefore parents and students are asked to consult it for the most up to date information. Sport specific information is also provided to parents and students before the commencement of each season. The information has all the necessary details and requirements to be involved in the sport. Such details include team coach, contacts, training, match times, match venues, uniform requirements, and any other relevant information.

Participating Schools

Below are the details for each of the schools in the Rockhampton & District competition. Please note that numerous sports are played at alternate venues and playing fields that are not located at the college. For specific venues please consult the College website.

Emmaus College

Glenmore State High School

Heights College

Kingsley College

Lighthouse College

Mount Morgan State High School

North Rockhampton State High School

Rockhampton State High School

The Cathedral College

The Rockhampton Grammar School

Yeppoon State High School



STUDENT EXPECTATIONS & RESPONSIBILITIES

Attendance

In planning training sessions and fixtures, the College attempts to minimise the likelihood of clashes between other activities. If a clash occurs between activities, the student is to advise his coach of the situation. The coach will then explore the situation and advise the student of the solution.

Rolls are kept by the coach to monitor the commitment of players throughout the season and will become a record of player's participation and eligibility for various awards, team photographs and so on.

It is therefore essential that players advise their coach PRIOR to the session of any absences that will occur during the season. This includes absences due to illness, injury, music, drama, and other school commitments and applies to both TRAININGS and FIXTURES.

Failure to attend training without a satisfactory explanation may result in players not being allowed to participate. Dedication and enthusiasm of all students who have been chosen in the team will mean that this situation will not arise.

Commitment

The College expects all students to actively participate in the sporting program here at St Brendan's College. Students who accept membership to a sporting team or squad must also accept all the commitments that are associated with membership. The core commitments for sport include:

- Giving maximum effort and commitment to team members and coaching staff at all times.
- Being punctual in attending all training sessions and games/fixtures.
- Completing any officiating or duty requirements.
- Supporting fellow team members in their matches.
- Taking responsibility for communicating training times, fixtures details and transport arrangements on a weekly basis to parents and guardians.
- Bringing all necessary equipment to trainings and matches. This includes personal safety equipment such as mouth guards, shin pads and water bottles.
- Meeting all uniform and behavioural requirements for all trainings and games.



Team Selections

Different competitions have rules around the number of teams that can be entered in the various age groups for each sport. Where possible, the College attempts to place each student in an appropriate team. There are, however, some activities that require a selection process to occur. In these instances, trials will occur prior to the season. Students will have multiple opportunities to demonstrate their abilities and talents.

Teams are selected by the relevant coach on the criteria of physical performance, attendance, attitude, behaviour, and team balance. Team selections for each game will be communicated by the coach to the students, generally in the final training session of the week.

The grading of these teams is both for the benefit of the competition and to ensure that students are playing at an appropriate level. Because teams are selected on a weekly basis, there is always the opportunity for students to move between teams based on their ability and attitude to training.

Selection Policy

The major criterion for selection will be the performance of the player at trials or training sessions while also taking into consideration the below factors:

Areas of performance considered should be:

- The skill level of the athlete and specific physical qualities (anatomical; physiological) required.
- The fitness level of the athlete.
- The performance of the athlete within the team.
- The attitude and behaviour of the athlete on and off the field.
- A player absent due to injury, illness, competing demands (representative duties) may be considered if appropriate advice has been provided (medical Cert. verification of representative trials etc.)

SBC selection Panel

- If there is an issue around selection, please contact the Head of Sport and the matter will be dealt with in an appropriate manner.



EQUIPMENT AND SAFETY

Playing and Personal Safety Equipment

The College provides sufficient general equipment for students to undertake all the sports offered. For some activities such as tennis and cricket, it is acceptable for students to have their own personal sporting equipment. Some sports offered at the College require compulsory personal safety items such as mouth guards, shin pads, protectors, and boots. Students who do not have these items may not be able to train or play fixtures.

Uniform

Competition Day - As an ambassador for the College, the playing uniform should be always worn with pride and in the correct manner. In some cases (mainly winter sports) students may be required to wear their school formal uniform to and from the match. Please consult the web page for specific information on the uniform requirements of each sport. All uniforms are to be purchased from the St Brendan's College Uniform Shop prior to the first fixture or trial match.

Training Day - Students are expected to wear appropriate clothing to training. It is a requirement that students have appropriate footwear for their specific sport. Open shoes such as thongs or sandals are not suitable. All students are required to be in their formal school uniform before the first lesson if training before school.

Water and Food - It is the responsibility of the individual to ensure that they have their own water bottle and that it is not shared. All necessary precautions should be taken in this regard. Not all schools will be providing a canteen or morning/afternoon tea at the away venues so students will need to bring a snack and drink if they require food before or after matches.

Medical Forms - Parents/guardians are asked to ensure the College has updated student medical details. This information will be obtained and kept confidential by the coach/coordinator to assist if there is an accident. All accidents and injuries will be reported to the College on Student Accident Report forms by the authorities' in-charge at the time of the incident.



REPRESENTATIVE TEAMS

Rockhampton and District Trials

St Brendan's College students are entitled to attend the Rockhampton and District selection trials in the sports they currently play in. Exceptions to this would include sports that are not offered to students such as orienteering, baseball, etc. All students must nominate through the St Brendan's College Sports Department and comply with the following expectations:

1. St Brendan's College views Rockhampton & District Trials as an avenue for its athletes to reach state representation.
2. It is the student's responsibility to collect nomination forms from the Sports Department and return them by the due date.
3. Students are to be made aware that there are qualifying standards for certain sports and if these standards are not met; students will not be eligible to attend.
4. Students, who have met the criteria and have been permitted to attend Rockhampton & District Trials, will be excused from classes.
5. Transport to and from the trial is the parents' / guardian's responsibility (arrangements can be made for boarders).
6. The Principal in consultation with the Head of Sport will approve a student's application.
7. Application to attend the trials will not be approved unless the student represents the College in the sport for which they intend trialling.
8. If the school does not actively participate in their chosen sport, the student must at least represent in an outside club.
9. Students who attend these trials must have their parent's permission and are responsible for catching up on work missed whilst at trials.
10. Students attending these trials should minimise their time away from classes and return to College after their event is finished.
11. The Principal reserves the right to withdraw students from attending trials or competing in R&D and Capricornia teams.



TRAINING, TRANSPORT AND WEATHER

Transport

The College will provide supervised transport to all carnivals that occur during regular school hours or commence within two hours of the completion of the school day. Transport details will be communicated in the weekly Sports Update, Student Notices, and the Website. For fixtures played on a non-school day, students and parents are required to make their own transport arrangements (unless a boarder). If a student cannot make a fixture due to transport, parents are asked to attempt to organise alternative arrangements with another student in that team. If this is not possible, parents are then asked to contact the Head of Sport to see if alternative arrangements can be made.

Training

Changes to training times will be communicated by the Head of Sport. Information regarding changes will be disseminated via the college website, college app and student notices. In the event of illness or an unavoidable appointment, please contact the Head of Sport via phone (email is a secondary communication tool) in relation to training and fixtures.

In most cases training will still occur in the event of WET WEATHER as teams will often work under cover for training or in classrooms. If for some reason training cannot occur, coaches and players will be notified as soon as possible. This information will also be posted to the St Brendan's College website and App.

Coaches will endeavour to dismiss students from training sessions at the advertised time.

Extreme Weather

St Brendan's College has a set of guidelines which involves a consultative process in relation to fixtures being cancelled due to poor weather conditions. In relation to cancelling matches due to the weather, a decision is usually left to the early morning for fixtures. If there is no word, please assume the game is on and follow the advertised playing details.

In the event of WET WEATHER during FIXTURES, the Head of Sport will contact the coach to confirm play if possible. Cancellation of games made on match day will be determined from the venue and teams will need to be present.

Whenever possible, the College website and St Brendan's App will provide the most up to date information on the status of training and fixtures due to weather.



WHERE CAN I FIND MORE INFORMATION?

Information Line: 49 399 428

Student and Parent Kiosk

Website: <https://www.stbrendans.qld.edu.au/>

Facebook: <https://www.facebook.com/St-Brendans-College-1685433081742985/>

St Brendan's College App: see below

DOWNLOAD THE APP NOW

St Brendan's College has an app to help you stay informed

- **STAY CONNECTED**
- Receive notifications
- **Keep track of important dates via a current calendar**
- Find College updates and information in one handy place







Like us on Facebook

- ✓ See what is happening at the College
- ✓ See important messages and reminders
- ✓ Keep an eye on important dates



STEP 1

Search & Download

Search for your school on the Apple App Store or Google Play to download the app.

Select your tags

Sports

APL Adventure Club Cycling

You will now receive the latest updates and information from your school. Everything you need to stay in the loop is all in one handy place.

STEP 2

Manage Subscription

Tap settings, then Subscriptions and make your selection. You can change your Subscriptions at any time.

ST BRENDAN'S COLLEGE SPORT CODE OF CONDUCT 2022

Coaches

- Remember that young people participate for pleasure – winning is only part of the fun.
- Never ridicule or yell at a player for making a mistake or not coming first.
- Operate within the rules and spirit of your sport – help your players to understand that playing by the rules is their responsibility.
- Relate to officials in a courteous and polite manner.
- Implement relevant sport safety policies and practices.
- Implement policy and practices (and lead by example) – in relation to responsible use of alcohol and in relation to recreational and performance enhancing drugs.
- Ensure that the time players spend with you is a positive experience.
- Encourage young people to participate in coaching and officiating – as well as playing.
- Promote a culturally tolerant environment.
- Respect the rights, dignity and worth all participants – regardless of their gender, ability, cultural background, or religion.
- Keep up to date with coaching practices and qualifications – ensure you understand the principles of physical growth and development.
- Avoid overplaying the talented players; the 'just average' need and deserve equal time.
- Ensure you are aware of the schools' child safety policy – ensure you are aware of your mandated responsibility to report suspicion of child abuse and neglect.
- Avoid developing any 'special' relationships with children – ensure that you show no favouritism such as the offering of gifts or special treatment. This includes intimate relationships and personal online social networking with team members.

Players

- Play by the rules.
- Never argue with an official – if you need clarification, have your captain, coach or manager approach the official during a break or after the competition.
- Work equally hard for yourself and your team – your team's performance will benefit – so will you.
- Be a good sport – applaud all good plays whether they are made by your team or opposition.
- Show respect to and acknowledge opponents and officials – (e.g., shake hands before and after the game and say things like 'good luck', 'thanks for the game', 'thanks ref', 'three cheers for....').



- Cooperate with your coach, teammates, and opponents – without them there would be no competition.
- Participate for your own enjoyment and benefit – not just to please parents and coaches.
- Play fair – no verbal abuse of officials, sledging other players or deliberately distracting or provoking an opponent.
- Respect the rights, dignity and worth of all participants - regardless of their gender, ability, cultural background, or religion.
- Do not expect or accept “special” favours from a coach or person involved in team or club management.
- Speak to an adult you trust if you have an issue, feel unsafe or are concerned about someone else.

Parents/Spectators

- Remember that children participate in sport for their enjoyment, not yours.
- Encourage children to participate, do not force them.
- Focus on your child’s efforts and performance rather than whether they win or lose.
- Encourage children to play according to the rules and to settle disagreements without resorting to hostility or violence.
- Never ridicule or yell at a child for making a mistake or losing a competition.
- Remember that children learn best by example. Appreciate good performance and skilful plays by all participants.
- Respect officials’ decisions and teach children to do likewise.
- Show appreciation to volunteer coaches, officials, and administrators. Without them, your child could not participate.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background, or religion.





MISSION STATEMENT

Faithful to the Gospel and inspired by the life of Edmund Rice, the community of St Brendan's College strives to bring Jesus' vision of a world of justice, compassion and peace to reality.

We seek to fulfil our mission through providing an authentic education that liberates the minds and hearts of all in our community.

We endeavour to be outward looking and engage in partnerships with others beyond our community to advance our learning, transformation and growth.

We open our hearts to the poor and those at the margins and desire to bring hope and change to our world through prayer, formation and action.

We value and support the gifts of each member of our family and celebrate our diversity as a source of strength and a sign of hope.

A YEAR 7 TO 12 CATHOLIC DAY AND BOARDING SCHOOL FOR BOYS IN THE EDMUND RICE TRADITION

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