2021 RDS 10-12 Years Trials

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| Event | District Trials Venue, Date and Time | Capricornia Trials | | |
| Volleyball 12 – 15 Boys & Girls | Friday 25 February 2022 Girls: 9am – 10:30am Boys: 11am – 12:30pm Rockhampton State High | 17 March 2022 Gladstone | | |
| Basketball 10 -12 years Boys and Girls | Tuesday 22 February 2022 Girls: 4pm to 5pm Boys: 4pm to 6pm Girls: St Joseph Park Ave Boys: TBC | 14 March 2022 Mackay | | |
| Boys and Girls AFL 10-12 years | Monday 21 February 2022 4pm – 6pm Rockhampton State High | 15 March 2022 Rockhampton | | |
| Squash Boys and Girls 10-19 years | Paper nominations submitted to your school | 16 March 2022 Rockhampton | | |
| Netball Girls 10-11 years and 10-12 years | Sunday 6 March 2022 9am – 12pm TBC | 28 March 2022 Gladstone | | |
| Rugby Union 11 – 12 years Boys | Thursday 24 March 2022 4pm – 6pm TBC | 24 May 2022 Mackay | | |
| Touch Football 10 – 12 years Boys and Girls | Trial 1: Wednesday 23 February 2022 4pm – 5:30 Shortlisted students: Friday 25 February 2022 4pm – 5:30pm Rockhampton Touch fields | 29 March 2022 Biloela | | |
| Football 10-12 years Boys | Monday 7 March 2022 4pm - 6pm TBC | 23 May 2022 Emerald | | |

| Football 10-12 years Girls | Monday 7 March 2022 4pm – 5:30pm Bouldercombe State School | 23 May 2022 Emerald |
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| Hockey 10-12 years B and G | Monday 28 February 2022 4pm – 6pm Rockhampton Hockey | 17 March 2022 Rockhampton |
| Tennis 10 – 12 Years Boys and Girls | Monday 9 May 2022 9am – 2pm Rockhampton Tennis centre | 6 June 2022 Emerald |
| Swimming | Nomination to Cap Sport | |
| Rugby League Boys 10, 11 and 12 | Sunday 6 March 2022 (Muster) 9am – 11am Emmaus College | 2/3 May 2022 Rockhampton |
| Girls 11-12 | Wednesday 30 March 2022 4pm – 5:30pm Frenchville State School | 25 July 2022 Rockhampton |
| Cross Country 10-19 years | Wednesday 27 April 2022 Rockhampton Touch | 17 May 2022 Mackay |
| Softball 10 – 12 years Boys and Girls | Trial 1: Wednesday 11 May 2022 4pm – 5:30pm Trial 2: Wednesday 18 May 2022 4pm – 5:30pm Kele Park (Rockhampton Softball) | 13 June 2022 Mackay |

| Golf 10 – 18 years | Nomination to Cap Sport | |
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| Athletics | TBC | 22/23 August 2022 Mackay |
| Cricket 10 – 12 Boys | Monday 8 August 2022 4pm – 6pm Victoria Park | 5 September 2022 Rockhampton |
| Cricket 10 – 12 Girls | Monday 8 August 2022 4pm – 6pm Victoria Park | 5 September 2022 Rockhampton |