

## Coronavirus Update – 1 May 2020

Dear Parents, Carers and Staff,

Our students seem to be demonstrating a remarkable capacity to manage during this challenging time and are showing great signs of resilience. The current COVID-19 crisis is unique in its uncertainty and brings additional coping challenges. Students are encouraged to maintain healthy habits (getting enough sleep, eating well and exercising) and nurture close relationships (looking to loved ones for help and emotional support).

As you know, the staff are working extremely hard to maintain contact and keep connected with the students who are learning online at home. Tim Kerrisk, Year 9 Pastoral Leader, created this [video](#) for his students with a strong message about resilience and persistence. It's a great example of 'keep trying and never give up'. My heart went out to the baby bear! The message is applicable to students of all year levels.

The following events have been cancelled:

- College Board meeting scheduled for 6 May
- Northern 10-19yrs Cross Country scheduled for 2 June
- All State Championships, Northern Region Trials, District Trials and Interschool (Block) sport up to and including 30 Jun
- The QSS State Championships scheduled for Weeks 1-4 in Term 3. The affected events are: 10-19yrs Cross Country, 10-12yrs Football, 13-15yrs Basketball, 11-12yrs Rugby Union, 14-15yrs Rugby Union and 10-12yrs Tennis.
- Challenge Games scheduled for 29 and 30 July.

### REMINDERS

- We're seeking photos of our sensational students engaged in their learning at home. If you don't mind having your child's photo featured on our social media pages, please email it to Elena on [eallen1@ryan.catholic.edu.au](mailto:eallen1@ryan.catholic.edu.au)
- Channels 7, 9 and 10 are also broadcasting programs for students learning at home - Learning@homeTV on Channel 7, Reading@homeTV on Channel 9 and Coding@homeTV on Channel 10.

Be safe, stay strong and have faith.

Regards



Paula Duffy

Acting Principal