

## O'Loughlin College Counselling Referral Flow Chart

### Student needs support

- Students (Years 7-12) can attend one counselling session without parental consent.
- During the first session, student's capacity to consent to participate in counselling is determined and parental consent obtained where necessary.

### School Counselling Referral form

- Teachers/ ISAs/ students/ parents/ anyone can complete the Referral to CatholicCare NT form (with as much information as possible).
- Any questions about how to complete the form can be emailed to Sharon or Rebecca. You can also call us on Ext 133 Mon - Thurs to discuss.

### Where to hand the form in

- CatholicCare NT Referral form to be **emailed** to School Counsellors [sharon.dodgson@catholicarent.org.au](mailto:sharon.dodgson@catholicarent.org.au) or [rebecca.barnes@catholicarent.org.au](mailto:rebecca.barnes@catholicarent.org.au)
- OR**
- placed in the **Counsellors pigeon-hole** in the Staff Room at O'Loughlin College

### Counselling is voluntary

- Counselling is voluntary and students need to give permission before referral.

### Do parents need to be notified?

- Parents are encouraged to take part in their child's therapy process. However, this is not always the case.
- All students can attend the first school counselling session where the requirement for parental involvement in the therapeutic process is explained and will be decided on a case-by-case basis. The choice to engage or not is then made.

### Questions

- If you have any questions or concerns, please email or call the School Counsellors (ext 133 Mon - Thurs)
- We are here to support you and the students- please reach out if you have any questions or concerns.