



2026 Middle School Electives

Sport, Recreation and Healthy Lifestyles



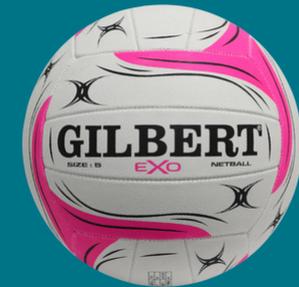
AFL – Single Sex Classes
\$50

The Middle School Australian Rules Football (AFL) course is designed to introduce students to the exciting world of Australian Rules Football. This comprehensive course will cover the history, rules, skills, and strategies of AFL, with a strong emphasis on teamwork, fitness, and sportsmanship. Through a mix of theory, practical sessions, and match play, students will develop their understanding and abilities in Australian Rules Football.



Basketball
\$50

The Middle School Basketball course is designed to introduce students to the fundamentals of basketball, focusing on skill development, and basic team concepts. Students will learn, practice and aim to improve their fundamental skills: dribbling, passing, shooting, footwork and 1 on 1 defending, as well as the rules of the game. Students will set goals to improve their skills and abilities, with ways to assess their progress, such as video analysis and/or game stats.



Netball
\$50

Netball is currently the biggest team sport in Australia with 1.2 million participants including women men and children. This year 8/9 course is designed to introduce students to the key fundamentals of netball focussing on skill development, knowledge and game play. Students will learn, practice and improve their passing, shooting, defending and attacking skills whilst developing their leaderships and sportsmanship. Students will analyse the role of each position, have an opportunity to try them all and set goals around performance. There will be a mix of theory, practical and match play sessions.



Soccer **\$50**

The Middle School Soccer course is designed to introduce students to the fundamentals of soccer, focusing on skill development, tactical understanding, and teamwork. Students will learn the basics of soccer including dribbling, passing, shooting, and defending, as well as the rules of the game. Students will study the origin of soccer and how it became the world game.



Health & Wellbeing

This course is designed to help students develop a comprehensive understanding of health and wellbeing, encompassing physical, mental, and social aspects. Students will learn about the factors that contribute to a healthy lifestyle, how to make informed decisions about their health, and develop essential life skills to promote overall wellbeing.



Sport & Recreation **\$250**

In Sport & Recreation students are exposed to different sports/activities they may or may not be familiar with. Through a combination of theory and practical experiences, students will develop the knowledge and skills necessary to participate in, organize, and promote sport and recreational activities effectively. Students will spend lesson's off-site at different sporting & recreation facilities around Darwin.



Girls Only PE

The Girls Only Physical Education class is designed to provide a supportive and empowering environment for female students to engage in physical activity, develop healthy lifestyle habits, and build confidence in their physical abilities. This course focuses on a variety of physical activities, fitness concepts, and personal wellness, tailored to the unique needs and interests of young women. Through a blend of traditional and contemporary PE activities, students will have the opportunity to improve their physical fitness, learn important life skills, and foster a positive attitude toward exercise.



Cycling **\$50**

Cycling elective students are exposed to the core elements of riding a bicycle. Through a combination of theory and practical experiences, students will develop the knowledge and skills necessary to participate in, organise, and promote; riding rules and bike safety, basic bike maintenance, learn about the history of cycling, cycling anatomy and undertake core strength fitness activities effectively . Students will spend lesson's off-site riding along various bike paths and facilities in and around Darwin.



Outdoor Education **\$280**

In Outdoor Education students are introduced to a variety of outdoor and recreational activities. These activities are geared towards students gaining experience in the wilderness and developing practical skills that are essential for existence in natural surroundings. This course has been developed to provide challenging experiences for students that enable the development of self-confidence and an increased awareness of the joy associated with engaging in natural environments.

Creative Arts



Drama

Students will identify, manipulate, and analyse the elements of drama, performance skills, and production elements to make and present a short play.



Drama - School Musical

The bi-annual school musical IS BACK! Choose this subject to be directly involved in the musical making process and secure your spot ON STAGE! In this class you will learn about the show, the roles available, audition for your desired part, then rehearse ready for the BIG SHOW at Darwin Entertainment Centre.



Dance

Students will identify, manipulate, and analyse the elements of dance, choreographic devices, and production elements in different styles of dance that they make, present, and view. They will learn, choreograph, and perform dances with confidence and clarity.



Visual Arts: Studio Photography

\$20

This one semester course develops student's photography skills, focussing on the use of the elements and principles of art and natural light. Students will learn to use the elements and principles of art including line, texture, light and shadow, shape and form, and movement and slow shutter speed. They will also focus on different photographic techniques such as natural light portraits, landscapes, perspective and angles, and bird's eye view. Initially, the students will be introduced to the camera, and use this time to practice and experiment with different techniques and settings; this will subsequently follow onto themed shoots where they will learn how to be intentional with these settings to achieve the desired outcomes in their images.



Food Technology – International Foods

\$20

Unlock the secrets of the kitchen. Whether you're a kitchen novice or a budding chef, join us on a delicious journey where you'll develop the confidence and expand your cooking skills to create great dishes for yourself, friends, and family. In our hands on classes, you'll learn essential kitchen techniques while prioritising safety and hygiene. From mastering knife skills to understanding the science behind great food, we'll equip you with the knowledge and expertise you need to succeed in the kitchen.



Visual Art - Paint and Draw

Students will enjoy being introduced to a broad range of drawing and painting skills and materials. You will be amazed at what you can do once you discover a few tips and tricks from an experienced artist. Students will end up with a final masterpiece to keep, such as a work on canvas or designing a skateboard (on every 2nd year)



Music

The music world has had many changes over the last few years thanks to technology. In this course we will identify, manipulate, and analyse the elements of music and apply them in a music production software. The students will then apply their musical skills in one of the many different areas in the music industry such as cinema (film & soundtrack), gaming, song writing, or showcasing their abilities on their chosen instrument.



Digital Art: Digital Illustration

Through the study of the Digital Arts: Digital Illustration course, students will learn how to use industry standard software - Adobe Illustrator and Photoshop to design and create digitally rendered drawings on the computer.



Visual Arts: Ceramics

Students learn to work in clay, they learn about the process' and stages of clay and have the opportunity to build a foundation for working with clay that includes various hand building and ceramic decorating techniques



Textiles & Fashion Design

Fashion Design is an introduction to the fundamentals of fashion design and textiles through the lens of design thinking. Students will explore the design process, from ideation to creation, while developing skills in textile manipulation, garment construction, and fashion illustration. The course explores the fashion industry and looks at sustainable fashion, through creating recycled/repurposed fashion and hand-printed fabric projects.



Woodwork

This elective includes basic safety, wood skills and 2 design processes for product design. For the first term the product will be a pullalong toy and for the second the product will be a clock. Students will have the opportunity to enhance their product with simple machines such as Pulleys, Wheel and Axles and various kinds of lever.



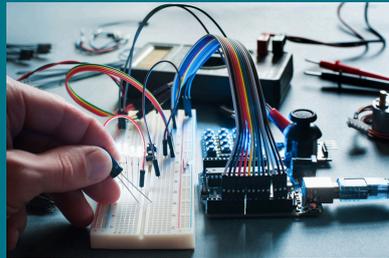
ICT: Robotics and Website

Ever wondered how robots work or how your favorite websites are made? In this exciting ICT: Robotics and Websites elective, you'll get hands-on experience bringing your ideas to life!

You'll dive into the world of Robotics, learning to design, build, and program your own intelligent machines to complete fun challenges. Then, you'll switch gears to Website Design, where you'll discover how to code and create engaging, interactive websites from scratch.

Get ready to problem-solve, innovate, and unleash your creativity in the digital world!

STEAM



ELECTRONICS **\$100**

The Electronics elective introduces students to foundational concepts in electronic theory and practical application. Through hands-on projects and theoretical study, students explore circuit design, component analysis, and digital electronics. This course emphasizes skill development in soldering, circuit construction, and problem-solving, preparing students for further studies and careers in technology and engineering.



STEAM Innovation for Humanity

In STEAM Innovation for Humanity, students will work in teams to design a product that addresses a specific human need or problem, incorporating elements of science, technology, engineering, arts, and mathematics. They will explore Design Thinking to develop empathy and understand the needs of the people we are designing solutions for, define problems and opportunities for designing solutions, develop prototypes, test solutions and communicate ideas.



Engineering

Design, build, and innovate! In this hands-on engineering elective, you'll discover the exciting world of problem-solving and creation. From constructing bridges that can withstand an earthquake to designing robots that can navigate a maze, you'll learn the fundamental principles of engineering through fun and challenging projects. Get ready to unleash your inner inventor and see your ideas come to life!

English



Film Studies

Cinema Studies offers an exciting cinematic journey, delving into the magic of movie making, from dissecting your favourite films to exploring how to create them. You will uncover the art of film making and discover the elements used to create different genres.



Creative Writing

Imaginative Writing allows you to let your imagination run wild, exploring, or creating different text types to inspire an audience. It allows you to find your voice, create characters that come to life and embark on journeys to other worlds, all while developing your writing skills.



Entrepreneurship

In this course, we'll embark on a journey of entrepreneurial discovery tailored for our Year 8/9 cohort. From the inception of a business idea to navigating the intricacies of the stock market, we'll cover it all. Get ready to unleash your entrepreneurial spirit and explore the diverse facets of the business world!



Yearbook - semester 2 only

In Yearbook class, students will discover the power of creativity as they embark on a remarkable journey of design and memories. In this exciting elective, students will delve into the world of fundamental design elements while crafting the 2025 yearbook, a timeless keepsake that captures the essence of this unforgettable year. Join us in celebrating the events and people who have made 2024 extraordinary - a chance for you to shape their own unforgettable memories.

Humanities



Italian \$50

In Italian, students will develop literacy in both English and the target language as they listen, read, view and interact with a range of texts. They will learn skills in planning, drafting and presenting as they participate in collaborative tasks, games and discussions. Students will learn Italian pronunciation and sound patterns, comparing them with English, and use language to interact with the teacher and each other. Throughout the semester, they will explore various topics including Italian cuisine, with opportunities for food-tasting to deepen cultural understanding, and discover the beauty and traditions of Italian culture.



French

This course aims at developing students' French communicative skills and the ability to write simple sentences. The vocabulary and grammar will support their communication and interaction on common topics. The course will also offer glimpses into French culture and cuisine. The main focus of the course will be to develop students' speaking skills on the following topics and the entry point can be at any Year level.