O'LOUGHLIN CATHOLIC COLLEGE Newsletter

30 October 2023

Make Us One In Christ



From The Principal, MEGAN EVANS

Principal's Corner: Celebrating the Class of 2023

Dear O'Loughlin families,

As we approach the end of another school year, it is with immense pride and excitement that this week, we celebrate our graduating Year 12 Class of 2023. This group of young adults has reached a significant milestone in their educational journey, and it now time for them to lay the foundations for the next phase of their lives.

As these young men and women embark on their new adventures, they step into a future filled with endless possibilities. It's important to remember that while the path ahead may be uncertain, they have the knowledge and values instilled in them during their time at O'Loughlin Catholic College. As they move forward, they will undoubtedly encounter challenges and make mistakes, but it's these very moments that will shape their character and lead them to success.

Our hopes and dreams for the Class of 2023 are simple yet profound - that they may continue to make good choices, not only for their individual journeys but for the betterment of our world. We pray that their time here has prepared them to be compassionate, ethical, and responsible young people who will contribute positively to society. The sense of community, shared purpose and unity, will be their guiding light, helping them navigate the challenges and happiness that life will bring.

We thank and congratulate parents, guardians and staff who have helped these young people along the way. Your care, compassion, love and support has helped shaped the young men and women they have become. I would like to particularly thank our Year 12 Coordinator, Mickayla Ward and our Head of Senior School, Jake Barnes and our Year 12 Homeroom Teachers for their efforts in guiding these students this year.

As we farewell to our graduating class, let us offer our congratulations and unwavering support – reminding these young people that they will always be welcome here at O'Loughlin. We look forward to watching them shine in the future, knowing that the values they have embraced at O'Loughlin Catholic College will guide them along the way.

May the peace and unity of Christ be with them always, guiding their hearts and minds as they embark on this new chapter of their lives.

Warm regards.

Megan Evans



Upcoming Events:

Oct 10-Nov 11 Year 7 & 8 Swimming

Nov 1 Year 7 Interviews & College Tour

Nov 3 Creative Arts Night

Nov 6 Stage 2 exams commence Nov 10 Year 11 Leadership Camp

Nov 14 O'Loughlin Day

Nov 15 Middle School 3x3 Basketball
Nov 20 Year 10 & 11 exams commence

Nov 25 Year 12 Graduation - Mindil Casino

Dec 6 Presentation Day

Dec 11 Middle School Activities
 Dec 12 Year 6 Orientation Day
 Dec 14 Last day of Term 4

https://www.oloughlin.nt.edu.au/ 'Our Events'





https://www.facebook.com/profile.php?id=6155294516104
For updates and events within our O'Loughlin Community

O'Loughlin Catholic College, along with the Catholic Diocese of Darwin, is committed to promoting the safeguarding of all children and young people. Consistent with gospel values and our Mission Statement, we follow the example of Jesus in respecting the dignity of each child, young person and vulnerable adult.

COLLEGE PRAYER





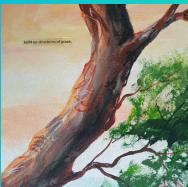
Catholic Identity and Mission Formation Day

For our staff Catholic Identity and Mission Formation Day at the end of Term 3: 540 staff members from urban schools in Darwin and representatives from Xavier and Murrupurtiyanuwu came together.

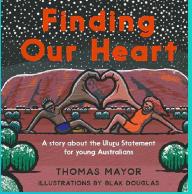
Our very own Mrs Walter was resident artist, working throughout the day to create a visual representation of the day's theme "Finding our Hearts in these times".

She finished the painting back in her studio over the break, including adding text to embed staff reflections into the landscape. The painting will have a permanent home at the Catholic Education Office N.T













O'LOUGHLIN CATHOLIC COLLEGE

Senior Leadership Team

Acting Deputy Principal Miranda Colquhoun



miranda.colquhoun@nt.catholic.edu.au

Dear O'Loughlin Catholic College community,

As we head towards the end of the year, it can be easy to lower our expectations or let things slide. One of the key expectations that have been asked of staff is to ensure that we continue to set high standards for our students, and that excellent teaching and learning occurs until the last day of the 2023 academic year. I ask for your support in ensuring our students are meeting the expectations of the College by checking in with them, and checking SEQTA regarding assessment deadlines, ensuring that they are completing homework, wearing the correct uniform, and meeting College expectations.

Teaching and learning will continue until Friday 8th December, and it is expected that all students will attend until Friday 8th December. It is vital that we set high expectations and standards for our students, and your support in helping them achieve these is greatly valued by the College.

End of Year:

Please see below for a brief summary of the end of year for students and refer to the College calendar on our website for any updates:

Year 12 Exams
Begin Monday 6th November and finish 17th November.

Year 12 Graduation Saturday 25 November

Year 10 & 11 Exams Monday 20 November - Friday 24 November

Transition Week

Students in Year 10 and 11 will begin their Year 11 and 12 courses from 27 November (week 8) to 8 December (week 9), with the expectation that the subject teachers will be issuing their first assessment task during this fortnight.

Middle School Assessment Fortnight

Students who are in Years 7, 8, and 9 will undertake their final summative assessment task in Weeks 8 and 9 of Term 4. The type of task may be test/exam or in-class task.

Student Departures:

In preparation for the 2024 school year, the College is in the process of finalising our student numbers. If your child is not returning to the College in 2024, we ask that you complete a Student Departure form and return to Student Administration.

Ten weeks' notice is normally required but we understand that circumstances do not always make this notification time possible. The departure notification process is essential in helping the College organise staff resources and classroom placements.

Student Departure forms can be obtained by emailing secretary.oloughlin@nt.catholic.edu.au or from the Front Office.

Study Skills - Retention of information

When a student says that they have a bad memory, it usually means that actually they do not encode the information they are trying to remember into their memory in an effective way.

Memory is really a 'process' as opposed to a 'thing' in your head that you are born with.

Rather than 'improving your memory', you want to improve the process of memory creation to ensure memory retrieval goes smoothly! The reason why many students do not retain what they are learning is that the way they study only gets the information as far as their short term memory, and then before long it is forgotten instead of being encoded into long term memory.

The first stage for students in improving their retention of information is to try and find ways to make what they are learning INTERESTING to themselves, EMOTIONAL, ENJOYABLE and if they can't do this then at least create the firm INTENTION to remember the information. It is all about their approach to what they are learning.

The next step in memory creation is the encoding process. To improve in this area, students need to improve:

- CONCENTRATION AND FOCUS (making notes about what they are learning, studying using techniques that suit their learning style, studying when they are most alert)
- ORGANISATION OF MATERIAL (making brain friendly notes: lists, highlighting, categories, grouping, graphics)
- MAKING ASSOCIATIONS AND LINKS between the new material and previously learned material.

Next stage in the memory process is facilitating the storage of memories. Students can improve the way memories are stored by ensuring they BREAK THEIR STUDY BLOCKS UP with at least a few minutes break every half hour (giving the brain a chance to encode and file that chunk of content) and CHUNK DOWN the information to be learnt into manageable chunks. Getting enough SLEEP is also essential as fundamental memory processes take place during sleep. The other thing that is really important in this stage is REPETITION AND REGULAR REVIEW. Each time a review takes place the brain fires all the neurons connected to that memory and the more often that happens the stronger the connections between the neurons and the more intense and powerful the memory that is created.

So in summary, the top three things to improve the process of creating powerful memories are:

- i) focus, positive attitude and intention to remember are essential (reading something half-heartedly while bored pretty much guarantees it won't be retained)
- ii) an active approach to learning where students are 'doing' (making notes, testing themselves using a wide range of study techniques) rather than just 'reading'
- iii) repetition and constant review of the material over a period of time.

Good luck to our Year 12's as they near the end of their journey with us as a College, we wish them well with their exams.

O'LOUGHLIN CATHOLIC COLLEGE

Senior Leadership Team

Acting Head of Senior School Jake Barnes



jake.barnes@nt.catholic.edu.au



Good Afternoon OCC! As I sit in my office writing this piece for the newsletter I am thankful and grateful for the role I get to play in this College and this community. It was lovely to be able to sit back at our most recent assembly and watch 12 of our Year 11 Leaders speak to the whole College about why they should be considered for the Year 12 Leadership Team in 2024. I have had the chance to work with some of these students and see how far they have come and matured into great role models for our College. Well done to Alice, Archie, Ari, Ashleigh, Bhumi, Chelsea, Chloe, Nicholas, Richmond, Samson, Saxon and Tiah for stepping outside of your comfort zone and pursuing your leadership opportunities. As I said to the College, it takes a lot of courage to be vulnerable and speak in front of your friends, peers and teachers!

Things are moving forward at a rapid pace for our senior students with Year 12s about to have their final days at school and begin their exam period. A reminder for Year 12 exams that students need to be present 30 minutes before the scheduled start time of their exam, so 7:30am for morning exams and by midday for afternoon exams. Also, all students in an electronic exam need to have the correct SACE exam browser and up to date software to access the exam. Mr Kushal in the IT office is available Wednesday to Friday of Week 3 to help with this.

Year 10s and 11s will have their exam weeks later in the term in Week 7 (Monday 20th till Friday 24th of November) and then transition weeks in Week 8 and 9 of term. More information and exam timetables will be sent out soon. Please liaise with the appropriate Head of Faculty or Year level coordinator if you have any questions.

Lastly, I wish to let the College Community know that 2023 will be my final year at O'Loughlin as I am moving to Good Shepherd Lutheran School in 2024, to be closer to home and to step outside of my comfort zone. As I often tell the students this is where real growth occurs. I have been a part O'Loughlin Catholic College as a teacher for 11 years and am forever thankful for being given the chance to start my teaching career here back in 2011. I have formed many great friendships throughout my time here, and have been extremely lucky to feel welcomed, supported and appreciated by students, families and colleagues. I really do thank you all for putting your trust in me to educate and guide your children. I know that O'Loughlin is in a great position moving forward and will continue to be the great place it has been for so many years.







O'LOUGHLIN CATHOLIC COLLEGE

Senior Leadership Team

Acting Head of Middle School Joanne Green



joanne.green@nt.catholic.edu.au

The buildup is definitely here and with it comes a rush to get the year finished well. We still have a busy and full program for our middle school students.

Last term in Week 9 was Mental Health Week and RUOK day. During Mental health week, there were a number of activities on offer for students and staff that focused on looking after each other and ourselves - Some of the SRC were involved in this event and students in the school eagerly participated in activities on offer. The Thursday of Week 9 was RUOK day. Students and staff united wearing yellow to show support for this cause - the Assembly detailed greatly the effects and impacts and importance of regular check in. A good reminder about the importance of mental health. Student vs Staff sports games were on at lunchtime and was a great way to come together as the term was winding down.

In the last week of term 3, year 9's were off on their first 'Choose Your Adventure Camp' - some heading to remote outback, Noosa for surfing or NZ for skiing. The students and staff had many adventures and I'm sure made and strengthened their friendships. Thanks to Cassie Henderson, Maree Hammer and the staff involved for their organisation around this fantastic program.

We have a busy term ahead of us, year 7 retreat was in the first week, year 8 excursion to parliament house is in week 2. Not to mention subject selection for the middle school - exciting times ahead as we transition into a new model for electives in 2024, a vertical structure combining year 8s and 9s.

We also have our College's Annual Creative Arts Night coming up in Week 4 (Friday 4.30-7pm). The majority of the middle school is involved in this event in some way (Visual and Media Artworks, Digital Tech display, Photography, Dance/Drama). This year's theme is Mixed Bag - it is always such a great and fun event and I look forward to seeing you there.

Last term we also introduced a program to some of our middle school female students - No Limit For Girls. This program is facilitated by myself and Alex, our College counsellor. It looks at relationships and targets some of the complexities and challenges of being an adolescent in school today. We are making great progress with the course and looking to continue it next year with more students.

Looking forward to some big downpours to cool us all down!! All the best for a busy and productive Term 4.

Ms Green Acting Head of Middle School





O'LOUGHLIN CATHOLIC COLLEGE

SAFEGUARDING CONTACT PERSONS



Megan Evans Principal <u>megan.evans@nt.catholic.edu.au</u>



Miranda Colquhoun Acting Deputy Principal miranda.colquhoun@nt.catholic.edu.au



Jake Barnes Acting Head of Senior School jake.barnes@nt.catholic.edu.au

The Safeguarding Contact Persons are nominated by the school to promote the safety and wellbeing of children and young people. You might talk to a Safeguarding Contact Person if you:

- Are worried about a child, young person or family
- Are worried about the behaviour of an adult in the school toward children or young people
- Are a child or young person who wants help or support
- Want to know more about supporting children and young people
- Want to know more about what your school and Catholic Education Northern Territory have in place to safeguard and support
- Want to know more about children's rights including those of your own children, or your rights if you are a child or young person
- Have ideas about how our school can make things even better for children and young people especially if you are a child or young person yourself!



P: 8945 1277

E: secretary.oloughlin@nt.catholic.edu.au



OLOUGHLIN CATHOLIC COLLEGE

Enrol now for 2024



Senior School

Vacancies:

Year 10

'Make us One in Christ'

Enrolment forms available on the website.

ENROL NOW!

Ph: 8945 1277

YEAR LEVEL CO-ORDINATOR
12.1 HOMEROOM TEACHER
12.2 HOMEROOM TEACHER

MS. WARD MR. BEATTY MS. KATE

• Year 12 Reflection Day (26/10)

Club Tropical 12pm - 4:30pm (lunch and afternoon tea provided)

• Graduation Mass (26/10)

Cathedral 6pm - 7:15pm

Graduation Assembly (27/10)

OCC 9:30am - 10:30am followed by a morning tea for all students and families (egg & bacon roll breakfast for students from 8am)

• Graduation Night (25/11)

Mindil Beach Casino Pavilion 6pm - 11pm





GRADUATION DANCE

The Year 12 students have been practicing their dance during PD lessons on Fridays. Come to Year 12 Graduation Night to see them in action! Not long now.

























Max Jones - Year 11 Coordinator max.jones@nt.catholic.edu.au

Good afternoon all,

The Year 11 cohort is nearing the end of their Stage 1 courses and looking ahead to their final year of school and beginning Stage 2.

As a key part of this exciting shift is the opportunity to lead the student body in a number of different ways. In personal development we have been focusing on these different leadership roles including O'Loughlin Day, Yr 12 Merchandise and Student Leadership.

Students have made their selections for O'Loughlin Day and have a chance to assist the younger cohorts to 'give' to the wider community. We look forward to the day and seeing the Yr 11s in a different context and stepping up to lead the younger cohorts.

As already announced, the Yr 11s have nominated and presented to the College body to be a part of the Student Leadership team for next year. All candidates at both stages of preparation spoke admirably and should be really proud of their efforts in taking on the challenge. Congratulations once again to those who were voted in to the team for next year:

Richmond Johnson Tiah Lawler Alice Bowden Ashleigh King Nicholas Fleming Samson Bament Archie McCormick Chloe Kalikajaros A small committee has begun to meet regarding the Yr 12 Merchandise for next year. This group will work with Reform clothing to design and decide upon the shirts and jumpers for the Yr 12 cohort next year. There is still opportunity to be involved in this process, so any Yr 11 can come to discuss with me as the like.

For any pastoral concerns or issues that arise in this busy time of year, please don't hesitate to get in touch.

Thanks.

Max Jones

Year 11 Coordinator



Year 11 visual art









Nicholas Lohmeyer - Year 10 Coordinator nicholas.lohmeyer@nt.catholic.edu.au



LES SHOOTS FOR GOLD

During September, Geraldton hosted the country's biggest annual clay shooting event with the Crayfish Carnival.

It was a cold and very windy event for student Les Harris who participated against a large number of entrants.

Day 1 saw Les drop only one target, which had him sharing the overall winner with 2 other shoots in a field of 175 shooters!

Day 2 saw Les fall behind on the overall leader board but he was still leading both A grade and Juniors. In this carnival, Les wasn't allowed to win in both categories so he was awarded overall for A grade, beating 57 other A graders.

Les was in a total of 4 shoot offs during the event and has come a long way with his shooting in the last couple of months.

Thank you to Tania Harris for sharing Les's achievements with the community. Please congratulate Les on his efforts.

YEAR 9

Year 9 Camp - NT Remote

In Week 10 of Term 3, 19 lucky year 9 students set off to see and experience what the Northern Territory has to offer.

Relaxing in 2 buses they were taken to see our beautiful flood plains, caves and crocodiles up close, swim, jump and kayak in pristine water ways, meet professionals earning a living in the NT, and talk and laugh with each other.

Students hiked off the beaten track to swim in special spots, see amazing land formations and learn about beautiful dreaming stories.

They had the opportunity to learn from professional animal trainers how to work with dogs and horses and hear about the incredible opportunities life on cattle stations can give. With lots of down time students got to know each other, learn new skills and enjoy the amazing place we call home.

Our special thanks go to our amazing tour guides... Maddi and Felix who drove the buses safely, cooked our meals — taught us the joys of wraps- told us some secrets of camping and made our camp a fantastic holiday.

Ms Jantina Bos











Maree Hammer - Year 9 Coordinator maree.hammer@nt.catholic.edu.au

Year 9 Camp - Noosa

Late on Sunday the 17th of September 35 Year 9 students and 4 teachers met at the Darwin Airport to catch the red eye flight to Brisbane. There was plenty of excitement as the students realised that it was all finally happening. We were finally going to Noosa!!

Not a lot of sleep happened on the flight and we all arrived in Brisbane feeling pretty tired and hungry. The teachers loaded up on coffee and we all boarded the bus to our first destination for breakfast. After our quick breakfast stop we continued our trip to Noosa.

Once in Noosa students were straight away chucked into the surf, with one group learning to surf and the other body boarding. This was a preview of the action packed schedule for the rest of the Noosa Camp that can be seen below. We were all truly exhausted by bed time.

Overall the camp was amazing and students wanted to stay longer and continue improving their surfing skills. The environment surrounding the camp was beautiful and the activities challenged the students physically and mentally.

Mrs Maree Hammer

10:00am (approx) 12:00pm – 1:00pm	Arrive & Camp Orie	entation & Settle in	
12:00pm – 1:00pm	LUN		
	LUNCH		
1:00pm - 4:00pm	Surfing	Body Boarding	
6:00pm – 7:00pm	DINNER		
7.00pm – 9.00pm	Teacher Supervised Night Activities		
Tuesday	BREAKFAST		
7:00am – 8:00am	JILPIN POI		
The second secon	Body Boarding	Canoe/Raft Build	
12:00pm – 1:00pm	LUNCH		
1:00pm – 4:00pm Ca	anoe/Raft Build	Surfing	
6:00pm – 7:00pm	DINNER		
7.00pm – 9.00pm	Bouldering Wall		
Wednesday	BREAKFAST		
7:00am – 8:00am			
9:00am – 12:00pm	SUP	Catapults / Survival	
12:00pm – 1:00pm	LUNCH		
1:00pm – 4:00pm	Catapults / Survival	SUP	
6:00pm – 7:00pm	DINNER		
7.00pm – 9.00pm	Teacher Supervised Night Activities		
Thursday	BREAKFAST		
7:00am – 8:00am			
9:00am – 12:00pm	Mt Biking	Surfing	
12:00pm – 1:00pm	LUNCH		
1:00pm - 4:00pm	Surfing	Giant Swing / Leap of Faith	
6:00pm – 7:00pm	DIN		
7.00pm – 9.00pm	Laser Tag		
Friday 7:00am – 8:00am	BREAKFAST		
8-00am - 11-00am	Giant Swing /	Mt Biking	
6.00aiii - 11.00aiii	Leap of Faith		
11:00am – 12:00pm	Lunch and Depart		









Maree Hammer - Year 9 Coordinator maree.hammer@nt.catholic.edu.au

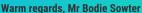
Year 9 Camp - Queenstown Ski Trip

During week 10 of Term 3, a group of our Year 9 students attended school camp in Queenstown, New Zealand. The impressive Southern Alps provided an unforgettable backdrop for a week of skiing and snowboarding. The students eagerly took on the slopes of Mt. Remarkable and Coronet Peak, where they honed their skiing and snowboarding skills, providing an opportunity to develop their abilities. This was also the first time many of the students had seen snow before!

They received guidance from experienced instructors and, with each run, grew more confident in their abilities. The supporting teachers of Ms Henderson, Mr Bament and Mr Bodie were very impressed with the student's persistence and progress throughout the week.

Students were lucky enough to participate in other exciting activities such as ice skating, indoor go karting, the Queenstown luge and even the famous Shot Over Jet boat ride through the canyons. These activities allowed students to rest their bodies from the mountains while learning new skills. Students were also given time to explore the city in groups and were prompt in arriving at dedicated times and locations, displaying independence and responsibility.

Although the flights were long and the wake ups were early, we thank all the students for their dedication and behaviour. Also a huge thanks to Ms Henderson and Mr Bament who organised the trip and made this winter adventure possible. We look forward to more snow-filled excursions in the future.





















Tara Branco - Year 8 Coordinator tara.guterresbranco@nt.catholic.edu.au



Dear Parents & Guardians,

Welcome back for Term 4!

'Personal Development' Program:

Over the next few weeks, the PD program will revolve around lessons and activities inspired by the Resilience Project, which emphasises the significance of resilience, gratitude, empathy and mindfulness. Moreover, we will be preparing students to give back to their community on O'Loughlin Day, an opportunity for them to apply these learnings in a meaningful way. Our aim is to continue to foster personal growth, emotional well-being and a strong sense of community engagement, and we look forward to the positive impact this will have on all students involved.

'Think U Know' Presentation:

Last week, some of the Year 8 classes attended a 'Think U Know' presentation with an officer from the Police Force, which focused on cyber safety. During the presentation, they learned essential skills and information on how to navigate the digital world securely. Topics covered included online privacy, recognising and avoiding threats, responsible internet usage, and the importance of maintaining a positive online reputation. Through engaging discussions, the students gained practical knowledge and tools to help them make informed and responsible choices in their online interactions, ensuing a safer and more enjoyable digital experience. The other Year 8 classes will have the opportunity to attend this same session in Week 4.

Photography Class:

In Photography with Mrs Holly Smith, the Year 8 students have been learning how to complete analysis for different artists and artworks, as well as how to use a camera to take photos related to a set photography theme.

In Term 4, the students have been learning about what photography involved before digital cameras, and will be developing their own photography theme to take photos for and present in their portfolio.



CREATIVE ARTS



Kate Smith - Head of Creative Arts & The Technologies kate.smith@nt.catholic.edu.au

CDU Arts Academy

Some of our Arts students took up a great opportunity to work with CDU's Arts academy.

Well done to:

Year 11's Chloe C, Richmond J & Chloe K Year 12's Chloe H & Allie W, Year 9 Kian L

who took part in an intensive week of workshops over the

holidays, including: Contemporary dance Musical theatre and Technical production

The week concluded with a fabulous concert.

Mrs Debbie Walter





CREATIVE ARTS



Kate Smith - Head of Creative Arts & The Technologies kate.smith@nt.catholic.edu.au

The Creative Arts and Technology Faculty invites the community in to explore, observe and TASTE the incredible work of the young artists enrolled in 2023. Under the theme "MIXED BAG" these students recognise that 'art is sweet' and diverse in its various disciplines.

The College is thrilled with the achievements this year and are proud to open its doors to the community to explore the studios, galleries, kitchen and outdoor stage area. O'Loughlin College students excel in their Visual Arts, culinary skills, student-led bands and Performance Arts.

OCC students have performed in the Darwin Fringe Festival, in student devised shows to sell out audiences, sung in local competitions resulting in opportunity to sing with the Darwin Symphony Orchestra at the Botanical Gardens and had Visual Art work selected for the "Exit" Art show which celebrates and showcases leading art produce from year 12 students all over the Territory.

Join us for an early evening of color, movement, snacks and music. School gates and art studios will be open to the public 4:30 pm - 7:00pm. There will be live music on stage, live food demonstrations (with samples available) and tremendous art on display from our ceramic, woodwork, digital art, painting and visual art classes.

We are very fortunate to have many working artists teaching here at the College. Regularly displaying and performing, these teachers guide their students with lived passion and academic rigor. Their studios, kitchens and drama spaces are melting pots of ideas and creative success as students push themselves to achieve their best, expressing their view of the world through their chosen form.

It is a very exciting place to teach, learn and CREATE!!

OCC Creative Arts Festival - "Mixed bag", Art is Sweet

FRIDAY 3 NOVEMBER, 4:30pm -7:00pm.











HUMANITIES



Caitlin Orr - Head of English and Humanities caitlin.orr@nt.catholic.edu.au



Every year, our senior students are tasked with writing a thank you letter to a staff member or the College. Please enjoy two of these letters shared below from Year 12 students Maria Tserou and Nicholas Pikos.

Ms Caitlin Orr Acting Head of English and Humanities

Dear Wardy,

I am writing this letter to you to show my appreciation for you being my teacher and year level coordinator for the past few years.

You have positively impacted me personally a lot in the years I have had you. You have always been a great role model to not only me but every young person in and outside of school. The way you guide everyone to do better and be better has really helped a lot of young people especially young women.

You have been a great mentor and someone to look up to. You always find time out of your day to help and support anyone that needs help. You have delt with me and all my issues big or small. You have always been there to give me advice and support to whatever issue, academics or personal. I appreciate how you sit down and talk to me about possible solutions, and you don't just decide on your own and I feel forced to do it.

You have positively impacted my character and have helped me become a more resilient and independent young woman. Thank you for teaching me that whatever I put my mind to I can achieve and even if it gets hard cause that's how life is, to not give up and not stop until I have accomplished the impossible.

Thank you so much for being the best coordinator we could ever have. I will miss you heaps when school finishes, I won't have a Wardy to rely on when I need help, but I will look back and remember every piece of advice you have given me and thrive.

Kind regards,

Maria Tserou

Dear Mr Jake Barnes,

I am writing you this letter to share my gratitude towards you throughout the years that I have known you as a teacher at O'Loughlin. Throughout the years you have helped me become the young man that I am through your guidance and advice, I have been able to make better choices towards my future for the better. I'm not the normal type to be writing these letters but as my years at O'Loughlin are coming to an end, I didn't think that there would be a better time to tell you how much you have impacted my life and the way that I make decisions.

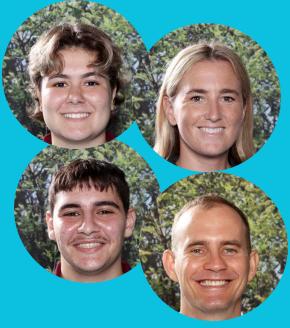
Starting from our year 10 Outdoor Education class you have always found ways to cheer me up and calm me down when I'm having a bad day or am struggling during countless situations or if I'm stuck or am struggling with any school work, you have always been there with an open office door ready to listen and give honestly the best advice which I think would help any kid struggling in the same situations. During year 11 I was having a hard time which was causing me to make some bad choices, causing me to get suspended. This helped by giving me time to reflect on the bad choices that I made, but even if I was in trouble you were able to put it past you and show me respect which not many people would do, to a kid in trouble. This is the reason why I look up to you as a man and I wish that one day I can become something like you.

The advice and encouragement that you gave me throughout high school really hit me to the point which is the reason that I think that without you, I would have not been able to pass year 11 as well as year 12. Honestly, I don't know how you are so easily able to get into students' heads and change their perspectives towards school such as calling them 'smart' or telling them that 'your good kids and you will achieve good things in your future'. Coming from me which was a kid that wasn't too happy to have to come to school it hits hard and makes me feel good on the inside. You don't get the appreciation that you deserve, and I hope that one day you receive it from future generations and treat you with the same amount of love as a teacher as I do.

You are one of the best men I know, and I hope that you achieve great things in life and as a teacher through the rest of your years in your career. I can truly say that I can put my trust and barries down when I'm around you and you always make me feel that I can do so.

Thank you.

Nicholas Pikos





SPORTS



John Kensey john.kensey@nt.catholic.edu.au

Proud Effort Despite Defeat: Senior Boys Showcase Tenacity in AFL Clash with Clontarf Allstars

In Week 2, our senior boys AFL squad bravely faced off against the formidable Clontarf Allstars—a team comprised of the finest indigenous seniors from various schools in Darwin, many of whom already play in the NTFL Premier League Competition.

The boys showcased their exceptional skills, unwavering determination, and resilience throughout the game, leaving nothing on the field. Max Trigwell's leadership, supported by the tenacious efforts of on-ballers Jacob Dempsey and Ethan Bush, set the standard for the team. Ethan's remarkable goal in the first quarter was a true display of his exceptional talent. Jonah Austin also showed flashes of brilliance with his speed and agility.

Patrick Brown's consistent straight-line running and fierce attacks on the ball were nothing short of outstanding, thwarting one Clontarf attack after another. Zane Gellel's versatility shone as he flawlessly played fullback, impressing with his remarkable kicking skills.

Notably, three of our middle school students, Kairyce Monaei-Lowah (Middle School Captain), Isaac Peris, and Jett Fawcett, showcased their courage by playing against opponents much older and bigger than them.

While the team's collective effort was fantastic, Taj Murray emerged as the standout player, earning the coveted "best on ground" honors. Taj's all-around performance, from contested marking to an extraordinary goal, and dominating the ruck, was an incredible effort. Taj has an exciting future in AFL with him being selected in the under 16's All Australian team earlier in the year.

This brings our AFL program to an end for the year. The program has been a major success with plans to expand it next year, allowing both boys and girls in middle and senior years the chance to represent their school in more games. We look forward to an exciting year of school footy ahead.

By John Kensey



SPORTS



John Kensey john.kensey@nt.catholic.edu.au

OCC Girls Outclass SEDA

The Senior AFL Girls Squad set the tone for an exciting double-header clash between O'Loughlin and SEDA, captivating the enthusiastic crowd on Tuesday.

The leadership of Kierra Zerafa and Emma Stark was evident early, with both starting the game strong. Young guns Peggy Rock and Shakalia Gardiner-Dunn were dominant around the ground, picking up disposals at will through their strong work rate to propel O'Loughlin to an early lead. Aaliyah Mukhlis and Lily Gellel made an instant impact on their arrival, with their speed and courage on full display on numerous occasions. Defensively, Seinnah Taylor and the all-round game of Alyssa Caruana repelled countless opposition attacks, while the forward line was running rampant with goals to Aila Sefton-Rowston and Mia Puruntatameri.

A special mention goes to the year 7 and 8 girls, who comprised over half the team and showcased skills beyond their years. Also well done to Alice Bowden, who despite being injured supported her team by coaching on the sidelines.

The game was played with incredible sportsmanship and after a hard-fought contest, O'Loughlin emerged triumphant by a 3-goal margin. Shout out to Samson Bament who umpired the girls' game before backing it up and playing for the boys.

Congratulations to the girls on their fabulous performance. Rest assured, Mr. Kensey is working hard to secure another exciting match for the team.





OCC Boys Go Down in a Thriller

The senior boys eagerly seized the opportunity to showcase their skills following the outstanding performance by the girls' team.

The boys faced a challenging start, finding themselves trailing by 3 goals at half-time. After a best on ground performance to half time from the backline, Ethan Bush was thrust into the midfield, along with the grunt of Nate Jarrett-Wright to help sway the game back in OCC's favour. Max Trigwell displayed unwavering determination, battling fiercely in the contest throughout the match. Rising star Isaac Peris exhibited his talent by scoring a crucial goal, reigniting hope for the boys, while Brodie Grace's defensive prowess held the opposition at bay, keeping the game in a delicate balance until the final moments. A set shot to secure victory with a minute to go fell agonizingly short, resulting in an unfortunate 2-point loss for the team.

A special acknowledgment goes to Emma Stark, who admirably transitioned to umpiring after her impressive performance in the previous girls' match. Emma's substantial contribution to the AFL program, umpiring nearly every game she wasn't playing, showcases her dedication and commitment to the sport. Her efforts are commendable and truly appreciated.

Next on the agenda for the Senior Boys is an eagerly anticipated after-school showdown against Clontarf in week 2 of term 4. It is sure to be a hot contest with both teams stacked with talented players.





YOUTH MINISTRY

YEAR 7 RETREAT RUN BY YEAR 11

Since last term, our two Year 11 Youth Ministry classes have been working hard to plan and prepare the annual Year 7 Retreat. This is something that happens every year at O'Loughlin and is also a great opportunity for our youngest year level to meet some older students in the school.

In the lead up, there were nerves, as many of our Year 11s really had to push themselves and step out of their comfort zone by getting up on a microphone, with no script, presenting in front of the Year 7s, staff and their fellow classmates. It proved to be an amazing day, with many fun activities and games, talks and prayer, all to help the Year 7s understand, even just a little bit more, that God loves them just the way they are.

For many of the Year 7s, this was their first experience of a retreat. It was beautiful to see how some were so moved, especially in the prayer experience, with some coming to be prayed with and truly opening up. It was also special to see how capable and strong our Year 11s are, putting the Year 7s ahead of themselves and showcasing servant leadership.







EXTERNAL OPPORTUNITIES

Some of our students have been taking the opportunity to grow their faith and to encounter something different. In the diocese of Darwin, there are many things happening for our young people which helps them truly understand their goodness, how loved they are, all while experiencing faith in a fun way!

Breakaway Youth is one of these opportunities, happening each month. The event is free, with food, a full live band, games and speaker, held in the Barn at O'Loughlin. The feedback has been amazing and we hope to see many more wonderful OCC students there!

There are also youth groups run through the surrounding parishes (Holy Spirit, St Mary's Cathedral, Holy Family) on a fortnightly basis. Contact Shania on SEQTA or the local parishes for more details!





LIBRARY NEWS



From the Circulation Desk:

As we once again move into Dalirrgang, many students are seeking air-conditioning and a refuge from the mosquitoes! There is a lot on offer to keep the students busy while in the Library, including craft, games, reading and Minecraft!

Mental Health Week was celebrated in the Library with our regulars painting the new entruway artwork. It looks fabulous - thanks to all who contributed.

As we near the end of the year - Year 12s are almost there! - it is time to start thinking about the Book Swap once again. If your family has benefited from the Book Swap in the past, I encourage you to once again be a part of it by bringing in your books from this year. From Years 7 - 11, you may be able to swap up!



As we are in Term 4, we ask that students and families start looking for books that may be overdue to return to the Library.

> All Library books will be due back to the Library in Week 8 of term.

Get in touch :



(08) 8945 1277



ashleigh.roccisano@nt.catholic.edu.au





Lunchtime activities:

MONDAY

Minecraft Monday

Uno Round Table

WEDNESDAY

Rocco's Rubiks Cube

Escape the heat!

Open for games and reading













See you in the Library soon, Ms Kate and Ms Ashleiah.

OFFICE NEWS

Facebook

The College has a brand new Facebook page to share news and events with the Community.

Please be sure to follow us to receive additional communication and handy calendar event dates.

https://www.facebook.com/profile.php?id=61552945161043

I.T. News

The way student devices connect to the internet will soon be undergoing an important upgrade.

This will provide increased security and allow for better connectivity.

More information will be released by the IT Department in the next newsletter for when this will be scheduled to occur.

Mr Kushal Gurung IT Manager



School Bus

For any issues with school bus services, please contact CDC Bus Company on 8944 2444.

CDC Bus company can assist with enquiries, feedback, and provide the current information on all school bus routes.

Alternatively, emails can be sent to public.transport@nt.gov.au



Homework Centre

O'Loughlin Catholic College operates a Homework Centre on Monday and Wednesday from 3pm to 4pm in OL1.

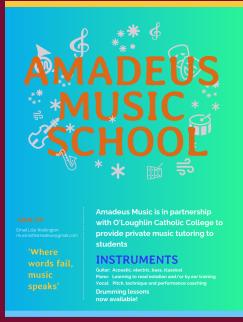
We encourage students to attend Homework Centre to seek help and support to get their Homework and assignments completed with the support of staff.

New students can register through:

https://www.oloughlin.nt.edu.au/students/homework-and-resource-centre/



well as a quick and easy way for parents to grant excursion, event and camp permissions.



Music Tutoring

<u>Amadeus Music School</u> are happy to provide private music tutoring to O'Loughlin students. Lessons are held two days a week on campus.

Instruments

Guitar: Acoustic, electric, bass, classical Piano: Learning to read notation and/or by ear training Vocal: Pitch, technique and performance coaching

Drumming lessons are now available!

Expressions of interest can be emailed through to Lilla at musicwithamadeus@gmail.com



