







## **More Information:**



(07) 4745 4525



https://www.crrh.jcu.edu.au/about -us/community-rehab/



Mount Isa Hospital - see map below.





# Community Rehab Alliance





## **About Us**

Community Rehab Alliance is a free, student-led service based in Mount Isa.

We support people with complex or neurological conditions like stroke, brain injury and Parkinson's disease to 'recover their way, in their world'.

We will work with you - and the people who support you - to feel more confident to drive your own recovery.



## **Our Team**

Our team includes:

- students in allied health (like physiotherapists, occupational therapists, speech pathologists)
- an allied health clinical lead for rehabilitation, and
- an Indigenous allied health assistant

# **Our Services**

We will listen to what is important to you and offer:

#### **Care Coordination**

Connecting you to other health and community services that may support your recovery.

### **Community Integration**

Linking you to local activities and resources, like exercise or activity classes to help you to stay strong.

## Therapy

One-to-one or group therapy to grow the skills or habits that help you to reach your goals.

Helping you to 'recover your way, in your world'.