

Ignatius Park College

7 August 2019

Dear Parent/Carer

TOWNSVILLE 'A' GRADE SECONDARY SCHOOLS COMPETITION

Your son has been selected in the College Athletics Squad and has been preparing for the Townsville 'A' Grade Secondary School Competition. Due to the students' other sporting commitments, training has been occurring during lunch breaks over the past weeks. The final team will be selected this week.

To ease transport issues, we would appreciate as many students as possible arranging their own transport to and from the Townsville Sports Reserve. Please make note of your son's transport intentions on the slip below.

Wednesday, 21 August

7:50am - First bus leaves IPC for students competing in 12yrs discus, 13yrs triple jump, 14yrs high jump and 15yrs 3000m.

8:50am - Second bus leaves IPC.

Thursday, 22 August

7:50am – First bus leaves IPC for students competing in 15yrs shotput, 16yrs javelin, 17yrs long jump, 13yrs 15000m, 14yrs 1500m. 8:50am - Second bus leaves IPC.

Return Bus: The College bus will return to the College by 2:40pm each day. **Attire:** College sports uniform, including College hat and correct footwear.

What to Bring: Lunch, snacks, water and sun protection. A limited choice of food will be available for purchase at the kiosk.

Students are reminded that under *no circumstances* will they be given permission to leave the Sports Reserve during the competition. Students will only be allowed to leave the Sports Reserve under the direct supervision of their Parent or Carer. Please note – If your son's event/s is on one day, he will only attend for the day of his event/s. Please check the attached program.

For your son to be considered for selection he will need to return the below permission slip and attend the final training sessions this week. Students are informed of the session times via Student Notices and the Sport Student Noticeboard.

Yours sincerely for John Alloway | Sport Program Leader TOWNSVILLE 'A' GRADE SECONDARY SCHOOLS COMPETITION I give permission for my son, to attend this event. Please tick your son's choice of transport for the day/s he will be attending. 7.50am College Bus 8.50am College Bus Wednesday 21 August -Own Transport Thursday 22 August -Own Transport 7.50am College Bus 8.50am College Bus Parent/Carer Name/s: Parent/Carer Signature:

Return to Mr John Alloway in the Sport/Cultural



384 Ross River Road, Cranbrook Townsville PO Box 121, Aittonyolo OLD 6816 Email info@ipc.qld.edu.au Web www.ipc.qld.edu.au

Telephone (07) 4796 0222 Schools will be permitted to enter the following number of competitors per age group offered in the program in each event.

• Individual 'laned' track events: 100m - 4, 200m - 2, 400m - 2

Individual 'unlaned' track events: 800m - 2, 1500m - 2, 3000m - 2

• Relay events: 1 team

'A' SCHOOLS TRACK AND FIELD PROGRAM

WEDNESDAY AUGUST 21, 2019

TRACK		FIELD				
TIME	EVENT	TIME	DISCUS	TRIPLE JUMP	HIGH JUMP	
9.15 - 9.50	Girls 3000m 13 – 17yrs	9.15 – 10.00	12	13	14	
9.55 - 10.30	Boys 3000m 13 – 17yrs	10.05 – 10.50	15	16	17	
10.30 - 11.45	B & G 100m 12 – 17yrs	10.55 – 11.40	13	14	12	
	B & G 100m 12 – 17yrs cont.					
12.00 - 1.00	B & G 400m 13 – 17yrs	11.45 – 12.30	16	17	15	
	B & G 400m 13 – 17yrs cont.	12.35 – 1.20	14	15	13	
1.00 - 2.15	B & G 4 x 100m Relays	1.25 – 2.15	17		16	
	12 – 17 yrs					
2.15	Finish	2.15	Finish			

THURSDAY AUGUST 22, 2019

TRACK		FIELD				
TIME	EVENT	TIME	SHOT PUT	JAVELIN	LONG JUMP	
		9.15 – 10.00	15	16	17	
9.30 – 11.10	B & G 1500m 12 – 17yrs					
	B & G 1500m 12 – 17yrs cont.	10.05 - 10.50	12	13	14	
11.15 – 12.15	B & G 200m 12 – 17yrs	10.55 – 11.40	16	17	15	
	B & G 200m 12 – 17yrs cont.	11.45 – 12.30	13	14	12	
12.15 – 12.45	LUNCH					
		12.35 – 1.20	17	15	16	
12.45 – 2.15	B & G 800m 12 – 17yrs	1.25 – 2.15	14	-	13	
2.15	Finish	2.15	Finish			