



When you notice a change, no matter how small

Trust the Signs, Trust your Gut & Ask R U OK?

From the Acting Principal

Ignatius Park College acknowledges that the land we meet on today is the traditional lands for the Bindal and Wulgurukaba People and that we respect their spiritual relationship with their Country. We also acknowledge the Bindal and Wulgurukaba People as the traditional custodians of the Townsville region and that their cultural and heritage beliefs are still as important to the living Bindal and Wulgurukaba People today.

Dear Parents and Carers

In a busy end to an eventful term, this week we entered a meaningful assessment phase with our boys looking to do their academic best across Years 7 – 12. For Year 11 students, these exams signpost the end of Unit 2. Therefore, our Year 11s begin Term 4 with the important Unit 3 work which will be assessed by their external exams at the end of 2020. Most Queensland schools will begin Unit 3 work at this time and move into Unit 4 work at the beginning of Term 2 next year.

Additionally, these exams are also important for our students who are striving to win Academic Awards in 2019. It is the final chance to have their results added to the Award calculations for the year. We look forward to seeing many of these young men at the Awards Night on Wednesday, 23 October.

I have included some hints for our young men below as they prepare for final assessments in the coming days:

Study Hints during the Exam Phase

Your sons are right now busy working on exams and final assessments, as well as trying to keep up to date with normal schoolwork, homework, sport, cultural and other activities that normal families confront each term. We are trying to educate our boys that there are three phases to each term:

1. Instructional Phase (Weeks 1 - 4): Students learn new work, mostly through direct teaching from our staff.
2. Assignment Phase (Weeks 5 – 7): Assignments are distributed and submitted. Most, but not all subjects, would provide some class time to work on these assignments.
3. Exam Phase (Weeks 8 – 10): Revising, cramming and studying for those important tests at the end of each term are a key part of the reports provided to families each year.

At present, we are clearly in the exam phase. This can be a very challenging time each term for students and families. Things can feel very overwhelming if students are not organised during this period. I've put together a few quick tips to help support your son through this period.

You may want to give some subject exams more study time than others, so find a balance that you feel comfortable with.

1. Keep your phone outside the study room or bedroom during study.
2. Use flow charts and diagrams to organise study notes.
3. Practice revision questions and sheets where possible.
4. Explain your answers to others.
5. Organise study groups with friends.
6. Take regular breaks.

From the Acting Principal (continued)

7. Snack on brain food.
8. Plan your exam day (breakfast, room, key things to remember).
9. Organise your study space.
10. Plan the week ahead – choose which subject to study each day.

Prue Salter – Enhanced Learning ELES

We have invited Prue Salter to present to students, parents and members of the community during Term 4. Prue is from NSW and she presented at the College about 10 years ago with great success. We thought that Prue would be useful to invite Prue again as our students begin preparing for ATAR External Exams in the future. Prue has some wonderful research and advice around study and getting the most from ourselves in revision. Her website reflects the following:

With over 20 years experience in High School Education, as well as stints in both industry and academia, Prue Salter, the founder and driving force behind ELES, is a high achiever with a string of academic credentials and awards to her name. Her research into how students can achieve their personal academic best translates into informative, entertaining and action-oriented sessions and online experiences for students. To date, Prue has written 20 resources for schools to use to help students improve their study skills. Prue also developed and manages a subscription-based study skills website for schools and is in high demand for her study skills seminars in schools for year groups.

As a Teacher and Year Coordinator, Prue found existing study skills sessions were either flashy with little content, or content heavy and dry – either way ensuring little was transferred to the students. In addition, many speakers who came to schools did not have good communication skills and had difficulty in dealing and connecting with the students on their level – much less building rapport.

Prue is a highly motivated and organised person with the ability to analyse and break down the steps necessary for success. Prue has developed a series of dynamic courses which help students see how to improve the way they approach schoolwork and their overall opportunities for success at school. Prue uses her on-going research to constantly improve the effectiveness of the ELES study skills sessions and resources and has, in recent years, focussed on using technology to bring study skills to life.

Website: <https://enhanced-learning.net/>

Social Justice Sunday 29 September 2019

We celebrate Social Justice Sunday on 29 September. This year, the Australian Bishops' Social Justice Statement is titled: *Making it Real: Genuine human encounter in our digital world*. It shares Pope Francis' challenge to us to "boldly become citizens of the digital world." It points out that we are called not just to be inhabitants of this world, but active citizens shaping it.

For further details about the Social Justice Statement, visit the Office for Social Justice website (www.socialjustice.catholic.org.au) or call (02) 8306 3499. Order the Statement online at: bit.ly/socialjusticeshop Facebook: @socialjusticeACBC or Twitter: @JusticeCatholic

Enjoy the coming weekend.

Brendan Stewart | Acting Principal



Year 11 Leadership Camp

Remembering Fifty Years of Ignatius Park College



Don't Miss Out!
Stein must be ordered by 13 September

Oktoberfest Old Boys and Staff Reunion

The Oktoberfest Reunion will be held in the school holidays on Saturday 5 October. Tickets are only \$20 and must be bought before the end of term. Book your ticket today! If you would like a beer stein it must be ordered by **13 September**. Click [HERE](#) to buy your ticket!



Pre-order 500mL Stein



Uniform Shop

Celebrate our 50 years with our special celebratory merchandise available at the Uniform Shop:

Ties - \$20 Keyring - \$10 Lanyard - \$5 Stubby Cooler - \$8

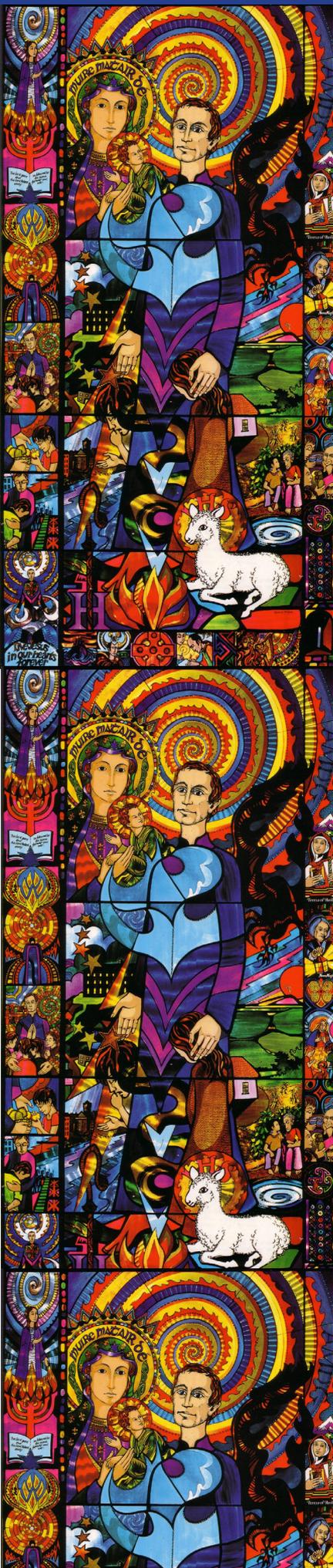
Open - Monday, Wednesday and Friday – 8:00am to 11:00am

If you miss the morning rush, please remind your son the Uniform Shop is open during the first break as well.

Please email larissa.moule@IPC.qld.edu.au for any uniform enquiries.

Larissa Moule | School Officer - Uniform Shop





Identity and Mission

Praying or Justice

Lord, you give us the unwavering call to do justice.

You tell us to defend the cause of the fatherless and the widow.

To love the foreigner residing among us.

To provide for the hungry, thirsty, and naked.

To love our enemy.

But Lord, it is overwhelming.

Do you not know that we are only human?

May your Spirit fill us with hope.

Remind us that we are good enough for you,

so that in all things, we will follow your will,

and take up the call to do justice, to love mercy, and to walk humbly with you. AMEN



Johanna Smith | Deputy Principal - Identity and Mission

SONY Camp - We Need Nurses

Are you a Registered Nurse and would you like to volunteer for five hours? Sony Camp is held at Saint Patrick's College on the Strand from 21-23 September. We must provide three nurses at all times to ensure medication is administered correctly and in case of an incident. It is a fun experience!

Please register your interest with johanna.smith@ipc.qld.edu.au

Johanna Smith | Deputy Principal - Identity and Mission



**Join us
for Mass**

Wednesday Mornings

8.00am

*Our Lady of
the Mount Chapel*

Science: The Junior Iggy Boys have been busy!

Last week and this week, our Junior Science students have been toiling to complete their Cell Models and Energy Transfer Devices. This comes to fruition after five weeks of jam packed research work whilst in class and at home. The Year 8s were also challenged to justify their choices of everyday objects to symbolise the function of each cell organelles. These were followed by safety challenge Practical on Heart Dissections where students explore the different valves in the bovine heart, four chambers, pulmonary arteries and veins.

The Year 9s Research Assignment will culminate into a presentation where each student presents a working model before the class and must answer three challenging questions posed by the teacher.

Catherine Ventic | Teacher



Counselling News

Child Protection Week: 1 - 7 September 2019

Child Protection Week was once again highlighted at the College, drawing our community's attention to the premise that child protection is EVERYBODY'S business. Our students enjoyed all the activities organised during the week, culminating with our 'Day for Daniel' awareness raiser on Friday. Big thanks to our Adopt-a-Cops, Tracy and Greg Baker, who supported the College by coming along and passing on some important safety tips to our boys.

Marilyn Parsons | Student Counsellor



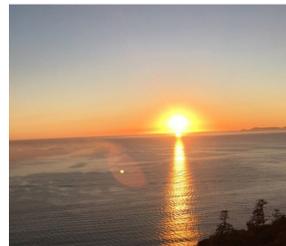
EREBB Teacher Exchange

As part of the EREBB (Edmund Rice Education Beyond Borders) initiative, Nacho Marchesano, from Stella Maris College, Montevideo, Uruguay has been involved in connecting and sharing with Ignatius Park College. Nacho arrived in Townsville on August 8, 2019 and spent one month at IPC.

The following is a summary of Nacho’s experiences and highlights at IPC:

- Co-teaching of classes – PE, Maths, English, Religion
- Mass in the IPC Chapel on Wednesday mornings
- Guided city tours of Mt Stuart, Castle Hill, The Strand, Jezzine Barracks, Rockpool, Reef HQ Aquarium and Alligator Creek.
- Attended Year 9 bush camp at Camp Gedling – 2 days
- Attended Year 11 Leadership at Magnetic Island – 2 days
- Attended Townsville Flexible Learning Centre – half day
- Attended Ryan Catholic College – 1 day
- Attended Cowboys NRL game
- Engaged in team triathlon with IPC staff

Greg Christ | Identity and Mission Coordinator - Liberating Education



Nacho's Personal Reflections on Five Weeks Paradise!

Before coming to Iggy, I was thinking five weeks is a lot of time. I was worried that I was going to miss my family, my school, my trails in the woods or surfing, but now, that is almost gone, the time has gone so fast!

It has been said, that is what happens when you are feeling good about the place and the people you are visiting; and that’s exactly what I feel. Iggy has been like a home away from home. Since day one, hospitality and kindness from everyone at the College, trying to help me with classes, camps, activities and more. I feel welcome, valued and needed; which makes you feel so spoiled and so grateful! A special thanks to Mr Christ and family (gracias Goyo!!!). He was there for me always, at any time.

The experience itself has been incredible, for someone who loves teaching, getting involved with the students, seeing the way an Edmund Rice school works and the education system in Australia. I have learned so much and have loved sharing a piece of my school, Stella Maris, my country, Uruguay and South American culture. A little piece of my heart will always be thankful and thinking of you all in the Iggy Park community, I have seen we share the same spirit at our school and its amazing. Going from a maths class to an off grid camp, seeing how you prepare these young boys into men, playing soccer with boys at the oval at lunch break or being at a Rugby practice or Cricket trial. Each and every experience have been so fulfilling to me that its really hard for me to go back home. I wish you all well and welcome you to exchange with us one day in Uruguay.

Gracias, muchas muchas gracias desde mi corazon Iggy Park! Nacho

Nacho Marchesano | Exchange Teacher





Ignatius Park College

Ignatius Park College invites you to the

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IGGY PARK DEADLYS

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Recognising and celebrating
Aboriginal and Torres Strait Islander Programs.

Wednesday 16 October, 2019

5:45PM

Ignatius Park College Edmund Rice Hall

Dance performances,
presentations and guest speakers

RSVP by 9 October, 2019

Sheena.King@ipc.qld.edu.au

or Andrew.Kirkpatrick@ipc.qld.edu.au

Northern Regional Athletics Team

Congratulations to the following boys who made the Northern Regional Athletics team to compete at the Queensland Championships in Brisbane:

Andrew Brunello
Ethan Kelvin
Ethan Pemmelaar
Javan Ah Kit
Joshua Eggins
Raheem Rolfe
Vincent Trimmer
Zai Calliste

John Alloway | Program Leader - Sport

Cricket Success

Congratulations to the 1st XI Cricket Team who progress to the next round in the Secondary School T20 Challenge. Not only did they comprehensively win all games in the NQ Draw yesterday at Endeavour Park, more importantly, they played the games in good spirit.

The team consisted of : Drew Boniface, Harvey Smith, Tom Duffy, Ieuan Harker, Bingen Balanzategui, Jarrad Edmondson, Jamie Humphrey, Brendon Eaton, Callum James, Curtis James, Sam Pacey and Ryan McCarron.

The team now go on to play the winner of the FNQ Draw in Cairns next month.

Game 1 v Home Hill

In the first game IPC batted first and amassed a total of 5/181. In the run chase Home Hill were kept to 9/65.

Brendan Eaton - 33
Callum James - 30
Bingen Balanzategui - 72
Jarrad Edmondson - 2/1
Harvey Smith - 1/6
Ieuan Harker - 2/14
Brendan Eaton - 2/2
Thomas Duffy - 1/0

Game 2 v Kirwan

IPC fielded first against Kirwan and bowled them out for 32. IPC were able to get the total and win the game in the fourth over.

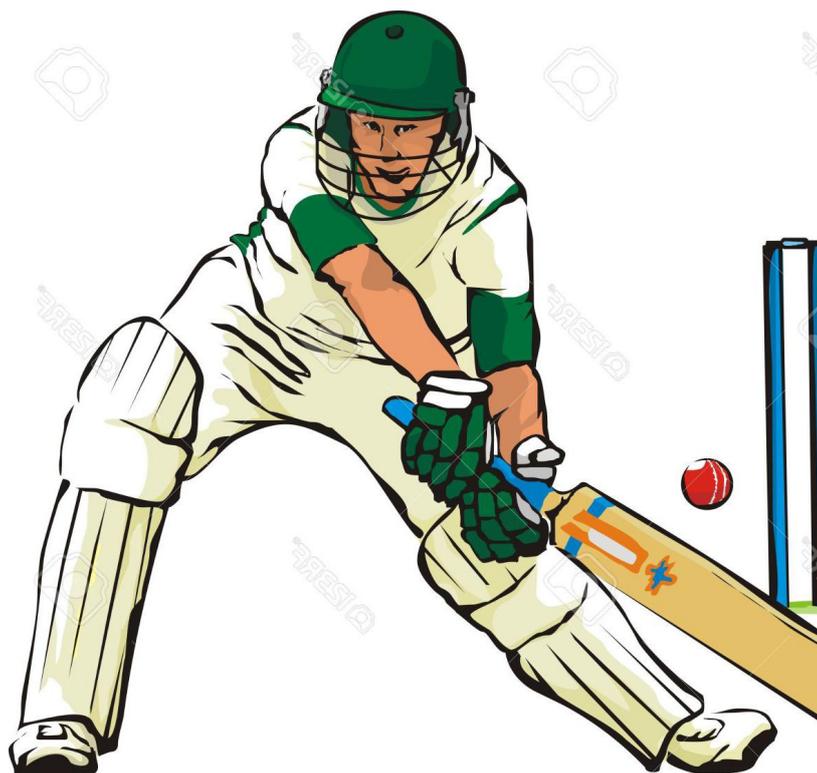
Jarrad Edmondson - 2/10
Thomas Duffy - 5/3
Ieuan Harker - 1/11

Game 3 v Grammar

Once again IPC fielded first and restricted Grammar to 68 runs. Openers Jamie Humphrey (39) and Brendan Eaton (26) guided IPC to the third win of the day.

Curtis James - 3/3
Drew Boniface 2/12
Thomas Duffy - 3/14 (Hat-trick)
Ryan McCarro - 2/1

Bruce Denny | Faculty Leader – Digital & Design Technologies



Cricket: Payne train express to Cairns

Congratulations to the Intermediate (Years 7-9) Cricket Team who progress to the NQ v FNQ stage in the Secondary School T20 Challenge. We now go on to play St Augustine's College Cairns; in Cairns on 21 October.

He may be recovering from the flu, but Christian Payne has never had a better day at the crease.

The 14 year old hit 78 against Ingham State High and 82 versus Townsville Grammar to fire Ignatius Park to victory in the Townsville region of the 2019 T20 Qld championships – and set up an North Qld final against St Augustine's in Cairns on 21 October.

Our College has won the Qld title for the last two years – having been crowned state champions in 2017 and 2018 – and if Payne's form yesterday is anything to go by, we could be on for a hat-trick.

Speaking of trios, he took 2 wickets in 2 balls against Grammar, with only a dropped catch preventing him from securing a hat-trick.

Payne took two great catches himself from first slip and walked off puffing his cheeks at the close of play. But he won't forget the day in a hurry, nor his mother or father (scoring), who watched on from the stand.

Payne said: 'It just clicked today. I've broken my highest run score twice. I was more patient than normal. But it was a great team performance.'

It was an outstanding day for our new-look under-14s side, with only captain Reece Foley remaining from the side that won the Qld title last year.

Match statistics:

Ignatius Park vs Ingham State High School (Iggy win 180 to 51)

Batsmen: Christian Payne 78, Reece Foley 36

Bowlers: Dean Jones 3-12, Ty Foley 2-1

Ignatius Park vs Townsville Grammar (Iggy win 201 to 62)

Batsmen: Christian Payne 84, Ty Foley 33, Taj Petersen 21 (from opening two overs), Connor Sadler 21 not out

Bowlers: Reece Foley 3-8, Fletcher Ryder 1-8

Squad: Reece Foley (captain), Christian Payne, Paddy O'Connor, Fletcher Ryder, Rhys Foley, Taj Peterson, Lachlan Holmes, Jackson Waldon, Will Costigan, Connor Sadler, Dean Jones, Dominic Taylor.

Photographs thanks to parent, Vicki Foley.

Jonathon Pearce | Teacher



Brothers Reece (Captain) and Ty Foley flank match-winner Christian Payne.





QUEENSLAND



SURF LIFESAVING COME & TRY CLINIC

Thursday 26 September, 10am – 12pm
Thursday 3 October, 10am – 12pm
Strand Net One (Rockpool end)

Free for children aged 5 - 11
Register by Monday 23 September 2019

Contact: Zoe Breikreutz
zbreikreutz@lifesaving.com.au



Cairns Student Lodge

Cairns Student Lodge has the following deals available for parents and students to experience the accommodations if they are considering studying in Cairns at JCU, CQU or TAFE.

- Including all meals - \$90 per adult for the first night
- Including all meals - \$50 per adult for the second night
- Including all meals - \$40 per adult for each night thereafter
- Including all meals - 13 – 18 years \$30 per night (single or multiple nights)
- Including all meals - 5 – 12 years \$15 per night (single or multiple nights)
- Including all meals - Under 5 free

<https://cairnsstudentlodge.com.au/apply-for-accommodation/short-term-or-casual-stay/>



WORLD MENTAL HEALTH DAY 10 OCT



HELP TOWNSVILLE BREAK A WORLD RECORD

For the 'Most people wearing high-visibility vests at a single venue'
Current Guinness World Record™: 2,136

At Bunnings Fairfield Waters, 2 Darcy Dr, Idalia
On Thursday 10 October, World Mental Health Day
FREE activities and entertainment all afternoon, sausage sizzle, VIP appearances, giveaways and more

Gates open from 4pm
World Record Attempt from 5:30pm

Find out more and register groups and individuals at
1010.ORG.AU/TOWNSVILLE



Make your #MentalHealthPromise at 1010.ORG.AU **10 OCT** **Mental Health Australia**
WORLD MENTAL HEALTH DAY