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From the Principal

Dear Parents and Carers

'We are male by birth, we are men by age, we are gentlemen by choice.'

Congratulations to our Deputy Principal – Pastoral, Mr John Doolan, Mr Craig Brown, the Pastoral team and a very committed Year 12 cohort on a very effective launch of our annual anti-bullying campaign. As I have said on many occasions, no school or Principal can claim that bullying will not or does not happen in a school. It is a measure of a school as to what is done when bullying does occur, but just as importantly, what proactive measures are taken to prevent bullying. The theme 'Are you Someone to Lean On?' is a powerful theme and should reinforce the level of support we at the College have for anyone who is doing it a bit tough.

Parenting author, Maggie Dent, wrote an excellent article recently called *'It takes a mindless society to raise a heartless bully'*. Dent reports 'the most important protection schools can build is having a strong play-based curriculum from Kindergarten to Year 12. The more play, the better the chances that children and adolescents can develop emotional and social skills. The more a school does to build relationships, the better the school culture will be and less bullying.'

Our extensive co-curricular programme at Ignatius Park provides the 'play' base of which Dent speaks and significantly contributes to the positive relationships that are a feature at Ignatius Park and provide a deep human connectedness so important for positive self-esteem and growth.

I have been overwhelmed with the response to my announcement that I will finish as Principal of Ignatius Park College at the end of 2017 and would like to sincerely thank everyone for their messages of support. It has been a very humbling experience. I have had a wonderful 15 years here but I feel the time is right to give someone else the opportunity to have 'the best job in Australia'.

Continued

Below is a letter from Peter Duffy, the College Board Chair:

With the recent announcement by EREA to Staff and Students that 2017 will be the last year of Principal Michael Conn's current Contract, now is a good time to mark in some small way the incredibly significant contribution that Michael has made to the life and culture of Ignatius Park College (IPC).

Michael will have served 15 years as Principal of IPC by the end of 2017. No other Principal before him has served with such longevity – and his will be a record that may go unmatched for many years to come. The benchmark has been set high for all those who will follow in his footsteps.

Under his stewardship as Principal, the reputation of IPC within the Townsville and wider community has grown from strength to strength. It is a source, rightly, of great pride for all who are associated with IPC. The College is recognised as a leader in the education of young men.

Through Michael's care and guidance the culture of IPC – embraced and valued by staff, parents and students – is one where every care is taken to allow boys to mature into solid young men, ready to make lasting contributions to the wider community no matter what endeavour they pursue.

Testimony to the high regard in which he is held is no more evident than when Old Boys (young or older) cross his path. They seek him out, respectfully, to touch base and let him know what is going on in their lives. The esteem in which he is held by them is clear. He is viewed not 'just' as a teacher, not 'just' as a Principal. He is a respected friend.

Not one to rest on his laurels, Michael continues to strive for improvement at IPC. He has often remarked at Board Meetings that to reach a point where you consider that things are 'going alright' is probably an indication that challenges are being ignored. Improvement in curriculum, pastoral care, sporting achievements, facilities and other facets of life at IPC remain firmly within his focus.

There will be other occasions throughout the remainder of 2017 when opportunities will arise to mark Michael's achievements and contributions to IPC. For now, on behalf of the Board and wider parent community, we say 'Thank You'. The lives of our boys and all those whose paths you cross continue to be touched for the better.

Peter Duffy | Board Chair, Ignatius Park College

Applications for Year 7 2018 close on Friday, 31 March 2017, the end of Term 1. We have a strong demand for places so if you have a son/sibling you would like to enrol, please remember to submit his application by the cut-off date. Enrolments for siblings can only be guaranteed until Friday, 31 March.

Michael Conn | Principal

Adopt a Cop

At our Assembly on Monday, Ignatius Park College formally 'adopted' Constable Nicole Franks and Constable Annette Moon of the Queensland Police Service into our community. The purpose of the Adopt-a-Cop program is to build positive relationships between police and the school community. This is a voluntary position and may involve activities such as delivering classroom and/or parent presentations as well as being a presence during break times or other College events to enable conversation.

Marg Hodgson | Deputy Principal - Operations and Community





Identity & Mission



Ash Wednesday

Today sees the start of Lent. All students participated in a House Liturgy that follows the Distribution of Ashes throughout the worldwide Church. Our Ashes are a sign and symbol of our faith. One older series of words that I remember is, "Man you art dust and to dust you shall return!' I remember it being a pretty stark wake-up call for a teenage boy who thought he knew almost everything!

The Extraordinary Ministers of Holy Communion when placing Ashes on foreheads said to us as penitents, "Turn away from sin and be faithful to the Gospel." Lent is the time for us to follow the three practices that Jesus encouraged in us: prayer, fasting and almsgiving. How might I pray during this Lenten season with renewed focus?; How might I fast to remind my body about moderation and self-denial – mind over matter?; How will I give during Lent?

For our young men, I found a good website that looks at 25 modern ways of preparing in Lent. Follow this **LINK**





Project Compassion – Uncle Lester Kinchela Boys Home Aboriginal Corporation

Our College community was graced today with a visit of Uncle Lester, a survivor of The Stolen Generation. Uncle Lester is Vice-Chair of the Kinchela Boys Home Aboriginal Corporation **LINK** The Kinchela Boys Home Aboriginal Corporation is one of the Projects that Project Compassion is supporting this year.

Uncle Lester spoke with many classes in the College. His personal witness, courage to share his story and message and model of forgiveness is truly inspiring. I know that the students with whom he spoke were moved and inspired by his witness. Thanks to Karl from Caritas for Accompanying Uncle Lester. Ignatius Park College is fully committed to raising significant funds this year for Project Compassion. Thanks to Mrs Jodie Roberts and College Prefects, Patrick Carter and Jean Sajeeve, who have worked hard to promote Project Compassion in the College. We look forward to a generous response from the College.



Year 8 Retreats

Year 8 will be on Retreat on the next two Fridays. The Carew, Putney and Treacy Homerooms will be on Retreat on 3 March and the Baillie. Nolan, Reid and Rice Homerooms will be on retreat, 10 March. We look forward to reporting on these significant faith events in coming weeks. Thanks in advance to Mr Greg Christ for all of his work in preparing what shapes as a very enjoyable and beneficial experience for all.

Wadda Mooli

Live Jesus in Our Heart, Forever.

Frank Clarke | Deputy Principal - Identity and Mission



College Staff



Bill Ahern **Teacher**



Kath Allan **Toast Room Convenor**



Janet Anderson
School Officer - First Aid/
Photocopy



Bianca Barbagallo **Teacher**



Melanie Baxter **Teacher**



Carly Beckham **Tuckshop Assistant**



Karin Beschel-Hunter **Teacher Aide - Hospitality**



Sue Brock
School OfficerUniform Shop



Geoff Brown
Property and Services
Manager



Dallas Brown **Teacher**



Paul Bruce **Teacher**



Nadine Burnett **Teacher**



Curriculum



Industrial Arts

The Year 10 boys have been working hard on their occasional table during Industrial Arts lessons. They are developing many carpentry and furnishing skills and are hoping to personalise it with a small drawer or wood burning design.

Emma Pawson | **Teacher**









Defence News

Hello everyone! My name is Leanne Mahoney and I am the Defence Transition Mentor at Ignatius Park College. My role is to assist students of Defence Families in making a successful transition into our College and community. I can provide support and information about the school and community to our new Defence students and families. If you need advice or just a friendly chat, I am here to assist.

I may be accessed by self-referral by a student coming to visit me, or by parent referral. Parents can refer their children to me for any concerns via phone, email or in person. Teachers and Pastoral Leaders may refer as well.

As from Monday 6 March, I will be situated in the Student Services room (beside Mrs Parsons' office) at the following times – before school 8.00-8.30am and lunch 12.30-1.10pm. Outside of these times I will be in the Staffroom, contact details below.

I hope to assist in making a smooth transition for your boys from one school to another and helping them settle in to our school community.

Leanne Mahoney | **Defence Transition Mentor** | leanne.mahoney@ipc.qld.edu.au

Shrove Tuesday



Our students enjoyed pancakes on Shrove Tuesday, the day before Ash Wednesday.

It's religious significance is marked by feasting and celebration, which traditionally preceded the observance of the Lenten fast.







On behalf of the Year 9 Rice Homeroom, Cooper Scott presents their donations to the Toast Room Grand Opening on Shrove Tuesday.

Thank you to our Community for all your donations that have been made to the Toast Room. It is greatly appreciated!



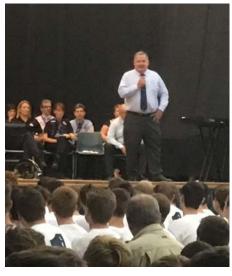


Anti Bullying Campaign

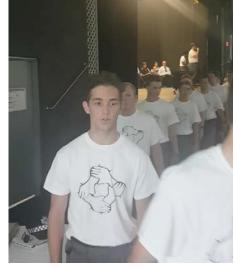














Counsellors News

There are many warning signs that may indicate that someone is affected by bullying—either being bullied or bullying others. Recognizing the warning signs is an important first step in taking action against bullying. Not all children who are bullied or are bullying others ask for help.

It is important to talk with children who show signs of being bullied or bullying others. These warning signs can also point to other issues or problems. Talking to your son can help identify the root of the problem.

Signs a Child is Being Bullied

Look for changes in your son. However, be aware that not all children who are bullied exhibit warning signs.

Some signs that may point to a bullying problem are:

- Unexplainable injuries
- Lost or destroyed clothing, books, electronics, or jewellery
- Frequent headaches or stomach aches, feeling sick or faking illness
- Changes in eating habits, like suddenly skipping meals or binge eating. Kids may come home from school hungry because
 they did not eat lunch.
- Difficulty sleeping or frequent nightmares
- Declining grades, loss of interest in schoolwork, or not wanting to go to school
- Sudden loss of friends or avoidance of social situations
- Feelings of helplessness or decreased self esteem
- Self-destructive behaviours such as running away from home, harming themselves, or talking about suicide

Kids may be bullying others if they:

- Get into physical or verbal fights
- · Have friends who bully others
- Are increasingly aggressive
- Have unexplained extra money or new belongings
- Blame others for their problems
- Don't accept responsibility for their actions
- Are competitive and worry about their reputation or popularity

Statistics show that an adult was notified in less than half (40%) of bullying incidents. Kids don't tell adults for many reasons:

- Bullying can make a child feel helpless. Kids may want to handle it on their own to feel in control again. They may fear being seen as weak or dobbing.
- Kids may fear backlash from the kid who bullied them.
- Bullying can be a humiliating experience. Students may not want adults to know what is being said about them, whether true or false. They may also fear that adults will judge them or punish them for being weak.
- Kids who are bullied may already feel socially isolated. They may feel like no one cares or could understand.
- Kids may fear being rejected by their peers. Friends can help protect kids from bullying, and kids can fear losing this support.

If you think your son is being bullied – talk to them – find out what's going on. Contact their Pastoral Leader or one of the School Counsellors. We are here to help.

Dannielle Charge | Student Counsellor





Project Compassion Launch 2017

'LOVE YOUR NEIGHBOUR'

Caritas Australia's annual Lenten fundraising and awareness-raising appeal is an extraordinary, ongoing demonstration of the faith, love and generosity of the Catholic congregation and caring supporters throughout Australia to help end poverty, promote justice and uphold dignity.



Project Compassion demonstrates how love for our neighbours can transform lives this year.

This year, Ignatius Park College is hoping to raise \$5000 to support our neighbours worldwide empowering the most vulnerable people to grow stronger and share their strengths with their communities.

This target will be easily reached if each IPC student donating just \$1 a week for four weeks.

Just \$10 can provide a day's worth of food for a woman in a shelter in Timor Leste.

Just \$50 can provide a first-aid course for one person to help protect their families and neighbours during natural disasters in the Philippines.

Just \$75 can provide a family with a piglet with training on caring for a pig and how to establish a stable source of income in the Philippines.

\$450 can provide resources for one child with disabilities so they can attend school for a year in Vietnam.

\$5000 can help deliver a Red Dust Healing workshop for First Australian men, women, families and communities to learn culture-based tools to improve their wellbeing in Australia.

Please get behind this wonderful cause.

Jodie Roberts | Identity and Mission Coordinator - Faith in Service

Coloured Clothes Day

What to wear on Coloured Clothes Day?

Several times during the year, students can exchange their normal school uniform for free dress as part of College fund-raising or to commemorate College events such as Edmund Rice Day. The first such occasion is tomorrow Friday 3 March.

With the option to wear something different there are still expectations about dress standards. Here are the minimum requirements:

- All clothing is to be in good repair (no tears, rips and not excessively worn)
- No offensive graphics or words on shirts etc.
- Students need to be able to take part in all school activities, including PE lessons, in whatever they wear (no tight jeans etc.)
- Must wear enclosed shoes (runners OK) for safety reasons. No thongs or sandals.
- Students will need to wear a hat. I would recommend that they wear the school hat as it offers the best protection option in most students' wardrobes.

John Doolan | Deputy Principal - Pastoral

Blue Wall

This week we acknowledge a very humble young man in Year 11 who trained extensively to win an Australian National Title in Boxing. Congratulations to Jalen Tait.

Pudy Timbs | Pastoral Leader - Baillie





Administration

Ignatius Park College Upcoming Events

WEEK 6 Friday 3 March

Coloured Clothes Day - Gold Coin Donation Year 8 Retreat - Carew, Putney and Treacy

WEEK 7 **Tuesday 7 March**

Year 7 Vaccinations Rugby League Trip - Rockhampton 7-9 March **TSSSA Swimming Carnival**

IGNATIUS PARK CO	OLLEGE	CA	LENDAR DATES 2017 TERM 1		
WEEK 6	MARCH	1	Ash Wednesday		
			Interschool Chess		
			RL Northern Trials U15/Open		
		2	Year 12 Biology Fieldtrip 2		
		3	Coloured Clothes Day - Gold Coin		
			Year 8 Retreat 1 – Carew, Putney & Treacy		
WEEK 7		6	TSSSA Trials		
		7	Year 7 Vaccinations		
		7-9	Rugby League Trip - Rockhampton		
		7	TSSSA Rugby Union NQ Trials		
		8	TSSSA Swimming Carnival		
		10	Year 8 Retreat 2 – Baillie, Nolan, Reid & Rice		
		11-12	Rugby Union Trip - St Augustine's U15 & First XV in Cairns		
		11	Disco		
WEEK 8		13	End Assignments		
		17	St Patrick's Day		
WEEK 9		21	Harmony Day		
		22-28	Year 7-12 Exams		
WEEK 10		28	Naplan Practice Year 7&9		
		29	IPC Cross Country Carnival - MEDICAL CERTIFICATE DAY		
		30	Easter Liturgy. 11.00 am		
			Edmund Rice Day Celebration – Coloured Clothes Day		
		30	Term 1 Concludes - CLASSES FINISH 3PM		
		31	Student Free Day		
	<u>APRIL</u>	9	Palm Sunday		
		9-13	Year 8 & 10 Football Development Tour		
		14	Good Friday		
		16	Easter Sunday		
		17	Easter Monday		
		18	Student Free Day		
		19	TERM 2 COMMENCES – Day 3 timetable		

School Photographs

There has been some recent enquiries regarding a perceived discrepancy between school photographs supplied by MSP. I wish to advise our parents and carers that MSP provides us with a booklet style photographic folder which is a different product to a standard (10 inch by 8 inch) group shot.

Grant Rossiter | Deputy Principal - Staff Development



Rugby Union News

Last weekend the First XV Rugby Union travelled, with the U15s, to Rockhampton to play against Rockhampton Grammar School in what will become an annual fixture. Having travelled for nine and a half hours on the Friday, the boys were extremely happy to arrive and plunge into the pool to blow off some steam. Both teams stayed in the hall on mattresses after enjoying a meal supplied by Rockhampton Grammar.

IPC started the game reasonably well but found themselves quickly pushed back defending their own line on numerous occasions in the first twenty minutes. However, through some tenacious defence across the paddock, they managed to keep Rocky Grammar out time and time again. IPC was relentless during the half, matching Rocky's physicality in the forwards and, while we created several opportunities, only managed to cross the white line once after some very good lead up work by the forwards. This try by Taylor O'Brien was to be the only score for the half and we went into the break pleased that the team had kept Rocky scoreless and that we led 5 to nil.

Rocky Grammar came out in the second half with a new-found intensity and tested Iggy at every turn and finally managed to breach our defence and score two tries to one throughout the half. In reply, IPC scored a run away try thanks to a Darcy Young intercept which was converted and was accompanied with a penalty kick by Hunter Zacka which had IPC in front 15 to 12 with no time on the clock but the ball still in play. Ill-discipline saw IPC concede three quick penalties and with some ordinary defence in the midfield, Rocky Grammar gained the upper hand and scored in the corner with the final play of the game and IPC narrowly went down 17 to 15.

In all it was an excellent trip, which received several extremely good comments from people that met the group and a superb first hit out for the year from a very committed Ignatius Park First XV.

MVP for the game was Guy Cummins followed closely by Daniel Conn, Christian Batic and Jack Andreassen.

Mark Moxon | Pastoral Leader - Carew



Last weekend the IPC Under 15 Rugby Union team headed off to Rockhampton to play against Rockhampton Grammar.

Showing the effects of a long bus trip, the under 15s got off to a slow start to the game, conceding a try within the first five minutes. This seemed to kick the boys into gear, with the forwards quickly gaining the ascendancy as they began to slot into the desired structure. After a period of sustained attack, Nicholas Audas-Ryan barged over to make the score 7-5. Unfortunately, the team handed back the ascendancy to Rockhampton Grammar allowing another try in before the break to give up a 12-5 lead.

The second half began much like the first, with two tries conceded within minutes of the resumption of play. To the boys credit, they did not give up and returned fire with a try to Terence Rooney. The final 15 minutes was about missed opportunities, with Ignatius Park dominating play but not able to take advantage of some fantastic Rugby play.

Overall, a strong start to the season for the Under 15 team who relished the opportunity to tour with the First XV. The final score was 26 to 12 in favour of Rockhampton Grammar.

Michael Turner | Teacher







Junior Basketball News

The IPC Basketball Teams have started the term very well. All of the boys are to be commended for their efforts on the court and sportsmanship so far.

Week 4 Results

Year 8

IPC White - 69 defeated Southern Cross 52 IPC Blue - 43 defeated Grammar 15

Week 5 Results

Year 7

IPC Blue - 62 defeated St Anthony's 0 IPC White - Bye

Year 8

IPC White - 104 defeated Kirwan 35 IPC Blue - Bye

Year 7 Basketball Draw

Week	Date	Home Team		Away Team
7	7 March	Cathedral	vs	IPC White
		IPC Blue	vs	Ryan
8	14 March	IPC White	vs	Grammar
		Cathedral	VS	IPC Blue
9	21 March	IPC Blue	vs	Grammar
		St Anthony's	VS	IPC White

Please note that students will return from the St Anthony's game to IPC around 5.15pm.

Year 8 Basketball Draw

Week	Date	Home Team		Away Team
7	8 March	Grammar v		IPC White
		Annandale Christian vs		IPC Blue
8	15 March	IPC Blue	VS	Kirwan
		Annandale Christian vs		IPC White
9	22 March	IPC Blue	VS	IPC White

Please feel free to contact gary.hughes@IPC.qld.edu.au if you have any questions.

This week the two Year 7 Basketball teams played each other in what turned out to be a nail biting finish. IPC White were able to hang on by one point with the final score being 42-41. Both teams showed excellent sportsmanship, especially James Sheppard, who stuck up for the Ref when I (Ms Loechel) made some questionable calls! Some amazing on court performances by both teams saw Joshua Corcoran hit multiple 3 point shots and Lleyton Ward dominate the rebounding.

Amanda Loechel | Teacher









Rugby League News

Blackhawks staff will attend training with our Junior Rugby League teams on Monday afternoon after school. Blackhawks Coach, Kristian Woolf, and Blackhawks Manager, Adrian Thompson, will take our lads for some skill work. A number of Blackhawks players will also be there.

John Alloway | Program Leader - Sport



Rugby League Weekly Report

Under 13s

Both the Under 12s and 13s were not at full strength this week due to many players away on Camp. However, a combined team was put through their paces in the first game by William Ross. It was a solid game with both teams putting in commendable efforts, however, our boys were too strong running away 44 to nil. This team then backed up to play the U13s game against Pimlico. A shout out to Brian Gabori who helped the opposition with numbers. This was another good game with our boys starting to run out of steam towards the end of the game, but came away with the win - 28 to 4.

IPC White played Thuringowa and won 38-0. Stand out performances from Lachlan Lerch, Kuresa Pio and Jay McPherson. Tough effort from the boys with only 13 players available due to other being unwell with the flu.

Try scorers: Mitchell Doyle (and a try assist), Eden Hess x3, Jairus Butalid, Cianan Cuthbert-Botha x 3, Jack Ford, Adrian Sandy, Hayden Lunn, Zac Cozzitorto, Ethan Fletcher, Riley Innes x 2

Under 14s

The Mr Guerra coached IPC Blue came out of the blocks storming and quickly asserted themselves against Heatley who were gallant in defeat. The IPC boys were too big and too strong for most of the afternoon, running out eventual winners 52 – 0.

This was an overall dominant team display with no star performers. A classic team effort maintained the team's perfect defensive record thus far.

Mr Brown's IPC White unfortunately had their game dramatically reduced due to an injury stoppage against Pimlico. The boys take on Kirwan Red this week and hope to be firing on all cylinders after a stop start game. The team would also like to wish Jake McAlliffe all the best for a speedy recovery.

2nds

The 2nds came out of the gates flying after a slight uniform mishap against a fired-up Tech NQ. The Iggy boys worked hard to force an error on only the 3rd tackle to take control and run out winners 34-0.

Overall, the boys came together well after some interruptions during the week due to Work Placement and never looked threatened. Strong games from Kale Smith, Dane Thompson, Dre Backer and Lleyton Anderson really laid the platform for the rest of the team.

Coach Rowan took control of the team on the day due to Mr Logan having personal commitments, with the victory giving Mr Rowan consecutive stand in coaching victories with the U14s last week and now the 2nds in Week 5.

Christian Quabba | Teacher









Rugby League News

First XIII

After months of hard work and preparation in the gym and on the training paddock, the day had finally arrived for First XIII to take on Kirwan State High School in game one of the Aaron Payne Cup. As is always the case with the Ignatius Park v Kirwan rivalry games, tensions were high early as both sides tried to assert dominance over the other, in what proved to be a hot March morning with the 10:40am kick off time.

After an opening ten minutes, where Ignatius Park were asked to defend their line, time and time again due to a string of penalties, the game was hanging in the balance as both packs of forwards started to tire. After finally rolling down field and ganing some much needed field position, it was a perfectly placed kick from Sean Mullany, that found a flying Mark Gardiner, who soared above his opposing winger to plant the ball for the opening try of the match. We were unsuccessful with the sideline conversion, giving Ignatius Park a 4 – 0 lead.

Kirwan were quick to get themselves back in the arm wrestle and capitalised on some loose defence around the ruck from the Ignatius Park boys to score an converted try of their own, quickly taking the lead 6 - 4 with ten minutes remaining in the first half. As the heavy contact continued through the middle of the field, Ignatius Park were guilty of conceding too many penalties which provided Kirwan with several try scoring opportunities. Time and time again, the Ignatius Park defence held strong, continually holding their line in tact in what was an excellent display of defensive resolve. After the Iggy Park boys finally gained some possession, it was big forward Kieran Moran, who carted the ball through the middle of the Kirwan High defence, carrying several would be tacklers over the line, with Adam Cooks conversion giving Ignatius Park a 10 – 6 lead, only minutes remained on the clock in the first half.

Right on the stroke of half time, it appeared the Iggy boys were over again, when McKenzie Baker went the length of the field on the back of a well placed kick and score under the posts, only to be denied due to an offside infringement. However, it came on the back of some very enterprising play from the Ignatius Park boys.

At the beginning of the second half, the Iggy Park boys were once again asked to continually defend their line due mainly to several unforced handling errors. Thankfully and with full credit to the boys, they continually repelled raid after raid until the sheer weight in possession saw Kirwan eventually score a converted try to take the lead 12 - 10. Ignatius Park had the final say, with Ty Everett crossing the line on the back of some great lead up work from Sean Mullany and McKenzie Baker with Adam Cook's conversion bring the score to 16 - 12.

The First XIII are to be commended for their brave performance on the day. While a host of handling errors coming out of their own end will need to be rectified heading into the St Brendan's game next week, the commitment from the boys defensively and their willingness to keep turning up for each other was a real feature of yesterday's win.

Congratulations to the following boys who were selected for North Queensland Open Schoolboys. McKenzie Baker, Ty Everett, Sam Nimmo, Adam Cook, Sean Mullany, Logan Bayliss-Brow, Quinlan Kelly and Adam Whyte.

Under 15

The U15 side were defeated by Kirwan SHS 16-10 in the first round of the Cowboys Challenge. The boys worked extremely hard, but failed to execute in key moments of the game.

Hopefully this is a good learning opportunity and the side can bounce back next week in Rockhampton.

Congratulations must go to the following boys who gained selection in the Northern Team to compete at the state championships later in the year:

Tyreece Pott, Tyson Booth, Jake Bourke, Tai Laidlow, Jack Taylor, Jarrod Bubner, Josiah Setu, Maltino Lafoga.

Christian Quabba | Teacher







Trailburners News

We are very pleased to announce the commencement of 2017 Trailburner rides last Wednesday.

It was terrific to have the 'big kids' who have many years of MTB fun and racing experience along to inspire the new Trailburners at the Douglas Mountain Bike Park. We had around 13 new riders come to enjoy our local club Rockwheelers new "Flow trail". It was awesome fun and a nice, easy way to cope with a fairly warm afternoon on the trails. But the heat won't deter us unless it's 36 or above. But first some background information about our team.

Mountain Biking remains the fastest growing sport in the World. Townsville is extremely fortunate to have the country's 2nd largest MTB club: The Townsville Rockwheelers.

Who are we?

We are the Trailburners MTB group which stands for Mountain Trail Bike. We commenced in April 2015 and have been going strong ever since, mentored and coached by Mr Chris Rigano, Mr Keith Spencer and several other amazing teachers including Ms Jodie Roberts. This year we are hoping to welcome some other teachers into our group. The boys love riding with the teachers - it is a great way to build positive, student/teacher relationships and to share in this incredible sport.



In fact, mountain biking is regarded by many, including Mr Spencer and Mr Rigano, as the perfect sport! It builds the highest fitness levels of all types: aerobic and anaerobic, it builds motor skills, focussed concentration, critical judgement, it is a major adrenalin sport, it promotes and develops mateship, it is an Olympic and World Cup level racing sport but, most of all, it is massive fun!

Trailburner membership costs \$50 for the entire year which is used to subsidise activities and keep the boys energy levels up. Your son can get a membership form from Mr Spencer or the document rack outside student reception. It includes risk management strategy for you to keep and forms to fill in and return. Our riding jerseys are a great idea and an awesome souvenir. This year we intend to offer the riding kit and will be out hunting for sponsors to display their brand on the kit.

Let Mr Spencer know if you can help in this way. It would be ideal to have all boys riding in the IPC Traiburner kit. The photo below shows how sharp the boys look. We are really proud when we seem them in it. Stay tuned for more information.





When, where?

We have two rides per week usually, unless some circumstance prevents it. Monday rides are rides to develop skills whilst having fun riding. Wednesdays are for the group to head out and enjoy the terrific MTB trail network we have at Douglas courtesy of Rockwheelers. Monday rides are 3:45 – 5:00pm Wednesday rides 3:45 – 5:30 pm.

Boys can either ride from school at 3:25 after meeting in the quad or join us at Douglas Angus Smith Drive right near the TSV Water Works.



Trailburners News continued

What & how?

Boys need to come fully prepared. They need to drink at least one litre of water from lunchtime on as well as take water on the ride. They need to eat a good balanced meal at lunch that is also high in energy. A nut bar or banana after school is good! We will supply a glucose snake for them every 40 minutes of trail time. Most importantly, the boys need to be able to repair a flat tyre. This means they must bring a tyre lever, hand pump or, better still, a CO2 refiller, a tube and little puncture repair kit. Please make sure your son has all of these taped to the bike or in a camelback or similar. A few bandaids and a bandage is good although we don't usually get hurt and we have firstaid with us.



The Programme

Because this is a skill based sport and it is essential to coach the boys in the skills they need for enjoyment and safety as well as racing, we usually have 2 gazetted Friday afternoons at Douglas for this purpose. These commence straight after big lunch break and end around 3:30pm. We also take the group to a race meet in Port Douglas – the RRR or Atherton – the ELEV8 marathon every year. Further we encourage riders to join in the fun of the famous Paluma Push point to point MTB race on 23 July, 2017. This is the ride that changes lives!

We also need to mention previous major sponsors of the Trailburners who have really helped to kick the group along. Mr Craig Windle and Bisley workwear; Mr Stephen Gilboy and Jayco Australia; and, of course, our long term sponsor and supporter - Mike Prentice and Top Brand Cycles. All trailburners get a substantial discount from Top Brand and we encourage everyone to support the companies that supports Trailburners so well.

Keith Spencer | Teacher

TOP BRAND CYCLES











Queensland Swimming Championships

Congratulations to the following students who are selected to represent North Queensland Region at the Queensland Swimming Championships:







Lincoln Hardy



Thomas Rawstron



Caleb Cheeseman



Aiden Hawkins



Cody Knight

Cricket News

DATE	HOME TEAM		AWAY TEAM	VENUE	
8 March	IPC 1	v	IPC 3	Gill 1	Cnr Hugh St and Palmerston St – Near Ambulance
	IPC 2	v	WRSHS	Gill 2	Cnr Palmerston and Grosvenor St
	KSHS	v	Cathedral	Gill 3	Middle Field on Grosvenor St
15 March	IPC 1	v	KSHS	Gill 1	Cnr Hugh St and Palmerston St – Near Ambulance
	IPC 2	V	Cathedral	Gill 2	Cnr Palmerston and Grosvenor St
	IPC 3	V	WRSH	Gill 3	Middle Field on Grosvenor St
Week of	Team 1 st	٧	Team 2 nd	TBA	50 Over Match on Turf - VENUE TBA
22 March					

Chess News

QUEENSLAND REGIONAL SCHOOLS CHESS COMPETITION -IPC CHESS ON THE MOVE

Another strong showing yesterday from the IPC Chess Club in Round One of the Queensland Regional Schools Chess Competition. 48 players registered and all participated in what was an exciting day jam-packed with some quality chess games and sportsmanship. Several players picked up Merit awards for winning at least 4.5 out of their 7 games.

These included Matthew Gillespie, Dre Backer, William Bennett ad Austin Smythe. Our team captain William Thomas, along with Dom Cusumano, Riley Rupp and Anton Donohue were also on the podium with a first placing in the team event on the day. Well done to all and I look forward to seeing you again in Round 2 of the Championship in Term 2.











Rowing News

Learn to Row has started!!

Last weekend we had 25 aspiring rowers hit the water at Townsville and JCU Rowing Club.

The boys are all showing great improvement and are really starting to grasp the fundamentals of rowing. Judging by the inter-crew banter, they are also having a lot of fun in the process!

It was like a Viking invasion (without the beards) as we had 5 full Quads plying their way up and down the river. All crews successfully progressed to full crew, full slide rowing. Some of the combinations were working so well together that the coaches had trouble keeping up.

Next weekend's Learn to Row will start with a video analysis of the boys' rowing, as we look to pinpoint individual areas to work on and introduce rowing fitness, flexibility and nutritional concepts. We will also start rotating some of the squad through into smaller boats - so no doubt we will see a few capsizes.







Interested in Rowing!

It is not too late, if your son is in Year 8 or above.

Learn to Row is still open. This is a chance for your son to be involved in a great year of rowing at Ignatius Park. Please contact Ms Tracy Klaassen our Rowing Coordinator at school or email Tracy. Klaassen@ipc.qld. edu.au Feel free to contact me, Tony Smith 0437 448 255 or email talus 12@bigpond.net.au with any queries. Lastly a big thank-you to our current rowing squad members: Aaron McRae, Liam Buxton, Anthony Gretch, Cooper Stocks, Christian Lauder & Lachlan Larson who

were a great help in assisting our coaches and aspiring rowers on the weekend. Great to see you boys come down and lend a hand. See you on the water.

Tony Smith | Head of Rowing Program

World's Greatest Shave

This year, Ignatius Park College will support the Leukaemia Foundation's "World's Greatest Shave" and help raise funds which will go towards both practical and emotional support for families experiencing the trauma of blood cancers. Each House group has nominated students to be a part of this worthy cause with each participant challenged to raise a minimum of \$100 in order to be eligible to shave on Friday, 17 March. All IPC students are invited to donate to the boys who are fund-raising for this event, and even support the staff members who have also risen to the challenge. Well done to the following Park participants:



Baillie Hunter Lim, Jack Bombardieri, Maverick Parker Carew Edan Twinane, Oliver Gibson, Dominic Figg

Nolan Adam Whyte, Luke Kenny, Patrick McMahon, Ethen Engert, Travis Goltl

Putney Corey Gulliver, Max Newman, Tristan Winship Reid Riley Campbell, Henry Lyons, Ryan Gilmore

Rice Conor Muldoon, Harrison Keir, Zac McMinn, Dale Whalley, Luke Fenton

Treacy Lachlan Lee, Nic McCaig, Nathan Clohesy

Staff Georgia Stayte, Paul Bruce, Gian Guerra, Michael Turner, Jerome Collier, Keith Spencer

Pudy Timbs | Pastoral Leader - Baillie



Tuckshop News

During the period of Lent, the Tuckshop will not be serving red meat or chicken on Fridays. We have changed our menu on Thursday and Friday. We usually serve Pizza on Thursday and Hotdogs and Hamburgers on Friday, these days have been reversed during lent. Our pizza selection for Lent will be cheese or vegetarian. The Tuckshop will also serve fresh salad sandwiches and wraps, fish burgers, fishcakes and potato scallops.

Kay O'Connor | Tuckshop Convenor

Uniform Shop News

CREW sports socks - All sizes now back in stock.

Sue Brock | Uniform Shop

Blood Bank

Today we saw the first visit for 2017 to the Townsville Red Cross Blood Bank. Nineteen brave Year 12 students rolled up their sleeves and gave the gift of life donating 470mL of whole blood each. During initial discussions, there were a lot of questions about the size and length the needle, but this was quickly washed away by the experienced staff of the Blood Bank. The donations received today have the capacity to save 57 lives. This is an amazing total for just a few minutes of time. The Blood Bank staff were quick to comment how well-behaved and polite our men were which is a real credit to them and their families. We will repeat the trip over to the Blood Bank in Terms 2, 3 and 4 where the Year 12s will again have the chance to help the wider community and save lives.

If you would like to donate, whether you are a new donor or someone who hasn't in a while, please call 131495 to make an appointment. Please consider supporting IPCs group tally by ticking the box and adding our name. The staff at the centre are amazing and treats at the end are fantastic!

Below is a list of the boys who did their bit for the community!!

Andrew Bell Henry McKinnon Dale Whalley Jack Kelly Riley Campbell Matthew Volmer Travis Keys **Guy Cummins** Jack Cobon Nicholas Truett Oscar Fisher Nicholas McCaig Hayden Barbi Drew Diakonow Christian Batic Lachlan Armit Connor Anderson Cooper Jang Samuel Audas-Ryan

Chris Rigano | Pastoral Leader - Reid House







Community

Careers Corner

AUSTRALIAN NATIONAL UNIVERSITY

Tuckwell applications opening soon

There have been some changes to the eligibility requirements for the Tuckwell Scholarship. Stage 1 applications open 6 March, for any students intending to apply for 2018.

Eligibility, terms and conditions:

- Be in Year 12 in 2017
- Be aged between 16-20 years as of 1 March 2018
- Have not previously applied for the Tuckwell Scholarship
- Have studied one or more English subjects (at any level) for at least one semester in Year 11* and achieved a grade of B- or higher or equivalent (5 or higher for IB students) in at least one of those subjects
- Have studied one or more Mathematics subjects (at any level) for at least one semester in Year 11* and achieved a grade of B- or higher or equivalent (5 or higher for International Baccalaureate (IB) students) in at least one of those subjects
- Be predicted by your school to achieve an Australian Tertiary Admissions Rank (ATAR) of 95 or higher (including EAS points) OP 5
- Be an Australian citizen or the holder of an Australian humanitarian visa and be connected and committed to Australia
- · Demonstrate the attributes of a Tuckwell Scholar
- Be available to attend in-person the interview weekend in Canberra on 7-9 July 2017
- Intend to apply to and enrol at ANU as a full-time undergraduate award student commencing in 2018, with ANU listed as your first preference in the August 2017UAC round

For more information log onto the ANU website or email: tuckwell@anu.edu.au

More career information can be accessed on the College Moodle site.

Motivational quote: Good, better, best. Never let it rest. 'Til your good is better and your better is best'. St. Jerome

Phillip Dembowski | Teacher and careers Advisor

Clean up Australia

This year, the Vinnies boys will be out in force again to help keep Australia beautiful by supporting the "Clean up Australia" campaign. On Saturday, 4 March from 7.00 am, expect to see a band of proud Ignatius Park College men combing the Riverbanks to remove unwanted rubbish that has sadly accumulated. If you would like your son to join Vinnies and participate in this Community initiative, then please have him come and see me.

Pudy Timbs | Pastoral Leader - Baillie





Community



 All regular rules and Terms and Conditions apply see below No caps, belts with metal buckles, sharp objects, weapons, chewing gum, masks, etc.

All students will be searched before they enter the building

TcketShop - 1 Townsville Civic Theatre





11th Feb & 18th Mar. 10am to 12 midday WHERE: AGES: FEES: valiable. Up to 2 trials available @ \$10 each We accept Get Started Vouchers FTPOS & Credit Card facilities availal **UNIFORMS:** Can be purchased at "Sign On" or on competition nights Competitions are held Friday nights at Townsville Sports Reserve, North Ward COMPETITION: CHALLENGE YOURSELF!

For more details go to www.townsvillenorthstar.org.au 📑 TOWNSVILLE NORTH STAR ATHLETICS CLUB



come and be irish on st patrick's day!



Community

Entertainment Book

The College will be selling Entertainment Books this year as a fundraiser for Edmund Rice Camps. Just \$60 will give you over \$20,000 of value!

Please support this worthy cause buy purchasing your book from the College Office.



