



# Ignatius Park College

## #IPCOnline Weekly Planner

<b>Subject:</b>	Yr 10 Physical Education	<b>Year Level:</b>	10
<b>Week:</b>	5	<b>Term:</b>	2
<b>Teachers:</b>	Mr Alloway, Mr Cook and Mr Hughes		

### Learning to be undertaken this week:

Lesson	Learning Experiences	Completed
	<ul style="list-style-type: none"> <li>Access Chapter 2 in STILE or have the Senior Physical Education Textbook on hand.</li> </ul>	<input type="checkbox"/>
<b>1</b>	<ul style="list-style-type: none"> <li>STILE – Watch the javelin footage from the World Championships.</li> <li>STILE – Read through the PowerPoints on Human Motion in Physical Activity and Projectiles.</li> <li>STILE – Complete the short answer and multiple choice questions.</li> </ul>	<input type="checkbox"/>
<b>2</b>	<ul style="list-style-type: none"> <li>STILE – Refer to Chapter 2 - 'Functional Anatomy and Biomechanics in Physical Activity, 2.3 Principles Governing the Application of Muscular Force, pages 76 to 81.</li> <li>STILE - Answer questions and view Mr Spriggs completing the Shot-Put Activity</li> <li>STILE - Upload Video of yourself putting a tennis ball</li> </ul> <p>Must be submitted prior to 9am on Monday 25<sup>th</sup> May.</p> <p>Thank you for supporting the online learning process. It is greatly appreciated. We look forward to seeing the boys back in class soon.</p>	<input type="checkbox"/>
<b>Independent Learning</b>	<p>STILE – Complete the two questions relating to Javelin. These are closely linked to your assessment, so we strongly advise that these are completed.</p>	<input type="checkbox"/>

*Independent learning suggestions are made for students wanting to extend or learn more about a particular topic. They are not mandatory.*