

Subject:	Certificate III in Fitness	Year Level:	12
Week:	3	Term:	2
Teachers:	CR, CQ		

Learning to be undertaken this week:

Lesson	Learning Experiences	Completed
1	 Complete Binnacle First Aid Module K5 and K6 Feedback will be provided via Binnacle Portal 	
2	 Complete circuit session Week 3 – Session 1 Rate the circuit in STILE when completed 	
3	 Complete circuit session Week 3 – Session 2 Rate the circuit in STILE when completed 	
Independent Learning	 Choose one of the circuit sessions and run it as the Trainer for a family member Watch YouTube Clip - What To Do When A Child Is Having A Seizure https://www.youtube.com/watch?v=yQgih6KAwLU Watch YouTube Clip - What to do if Your Baby is Choking https://www.youtube.com/watch?v=oswDpwzbAV8 	

Independent learning suggestions are made for students wanting to extend or learn more about a particular topic. They are not mandatory.