

#IPOnline Weekly Planner

Subject:	HPE	Year Level:	9
Week:	3	Term:	2
Teachers:	GCH AK GG JJ CQ MGR MM		

Learning to be undertaken this week:

Session	Learning Experiences	Completed
1	Healthy Food Choices Lesson Objectives What: This lesson introduces students to how healthy food choices are an important part of positive decision making. The lesson briefly provides detail of how Australians have accessed food, the introduction and popularity of convenience foods and the subsequent health concerns that arise as a result. Why: Health and nutrition are important in the development of adolescence and therefore equipping young people with the knowledge to make good decisions when it comes to their eating habits is a crucial part of life. How: This topic will be addressed by students reading some introductory notes, brainstorming, viewing a short video and responding to questions.	<input type="checkbox"/>
2	Fast Food and Advocating Healthy Choices Lesson Objectives What: This lesson looks at how our decision making when it comes to health and nutrition is influenced by advertising campaigns. It also touches on the influence of healthy food advocacy and the benefits this may have in the decision making of adolescence. Why: Being exposed to fast food advertising as well as healthy eating advocacy is an inevitable part of life. Students need to be able to analyse the effectiveness and the desires of advertising to ensure they are equipped with the knowledge to make the most appropriate choice when it comes to their own nutrition and health. How: This topic will be addressed by students reading some introductory notes, brainstorming, viewing a short video and responding to questions.	<input type="checkbox"/>
Independent Learning Suggestions	Concerns with Fast Food and links to Advertising Lesson Objectives What: This lesson will allow students the opportunity to gain a greater insight into how advertising influences fast food. This content will assist students in providing a clearer understanding to a broader audience and contextualise the content. Why: By reading the articles included in the lesson an insight into different contexts can be gained by students. They can then create a greater holistic vision of the influence advertising can have on fast food choices. This is an important understanding in everyday life and decision making. How: Students will read two articles based on the topic and then summarise their findings.	<input type="checkbox"/>

Independent learning suggestions are made for students wanting to extend or learn more about a particular topic. They are not mandatory.