

#IPOnline Weekly Planner

Subject:	Sport and Rec	Year Level:	12
Week:	2	Term:	2
Teachers:	MMI & GC		

Learning to be undertaken this week:

Session	Learning Experiences	Completed
1	STILE Lesson: Being a Good Coach - Quiz <ul style="list-style-type: none"> Reflection on week 1 content 	<input type="checkbox"/>
2	STILE Lesson: Preparing to Coach <ul style="list-style-type: none"> Preparing to Coach: Preparing to Coach Video What do we mean by Planning?: Reflection on your planning skills Session Planning: Video on Good Practice Understanding you Participants/Team: Different things to consider Case Study: Ben, Video and Question Work toward assignment: Identifying the things to consider with your group Sports Session Planner 	<input type="checkbox"/>
3	STILE Lesson: Goal Setting & Coaching Technique <ul style="list-style-type: none"> Goals: Different types of goals. Identify the goals for your group Case Study – Nick Get Advice: Video and Question Coaching Approaches and Technique: 3 Techniques of Coaching, Video and Question 	<input type="checkbox"/>
4	STILE Lesson: Planning Your Session <ul style="list-style-type: none"> Case Studies: Mitchell, Yvonne & Kat – Video and Question Challenge Scenario – What Should Heather do?: Video and Question Safety: Identifying the safety considerations in sport Challenge Scenario – Was Peter Prepared?: Video and Question Case Studies - Back to Mitchell, Yvonne and Kat: Video and Questions 	<input type="checkbox"/>
Independent Learning Suggestions	STILE Lesson: Time To Reflect <ul style="list-style-type: none"> Answer the Reflection Question “What approaches, styles and Behaviours would I like to use?” 	<input type="checkbox"/>

Independent learning suggestions are made for students wanting to extend or learn more about a particular topic. They are not mandatory.