



# GOOD SHEPHERD CATHOLIC SCHOOL

## 2024 TUCKSHOP MENU

OPEN WEDNESDAY, THURSDAY AND FRIDAY

Open 1st Break 10:55am–11:10am - MUST BE ORDERED ON FLEXISCHOOL (No over the counter cash)

Open 2nd Break 1:10pm to 1:30pm - FLEXISCHOOL or Over the counter cash

ICE CREAMS AND ICE BLOCKS CAN BE PURCHASED VIA FLEXISCHOOLS OR OVER THE COUNTER AT SECOND BREAK.

**\*\*Due to health regulations the Tuckshop cannot heat foods brought from home.**

**\*\*If your child has any food allergies please let us know on 4774 0477**

### SANDWICHES

Vegemite or Nutella	\$3.00
Egg, Curried Egg	\$3.20
Cheese	\$3.20
Salad *	\$4.70
Ham (light leg ham)	\$4.00
Ham & Cheese	\$4.20
Ham and Salad *	\$6.50
Chicken (breast meat)	\$4.50
Chicken & Cheese	\$5.00
Chicken and Salad *	\$6.70
Tuna	\$4.50
Fish Finger Sandwich (4 fish fingers buttered bread)	\$4.50

\*Salad includes: lettuce, cheese, carrot, tomato, beetroot

Toasted add .50c

### PIZZA

Bacon & Cheese	\$4.00
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### HOTDOGS

Hot Dog on Roll (BBQ or Tomato Sauce)	\$4.00
Hot Dog on Roll (Cheese & BBQ or Tomato Sauce)	\$4.50

### NUGGETS

Chicken Nuggets Pack of 6	\$4.70
Gluten Free Nuggets Available Sauce	.50c

### PIES & SAUSAGE ROLLS

Meat Pies	\$4.70
Mini Pie	\$2.50
Sausage Roll	\$3.50

### PASTA

Spaghetti Bolognese Or Macaroni Cheese 200g	\$5.20
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### SNACK BOX

1/2 Vegemite Sandwich, Fruit, Cake, Cheese & Crackers and Slice Ham	\$6.00
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Spoons, forks supplied with pasta, yoghurts, jelly and custard varieties.

- All Items Subject to change

### BURGERS

Cheese Burger (pattie/cheese)	\$5.00
Chicken Fillet Burger (lettuce/mayo)	\$5.00
Hamburger & Salad	\$6.50
Chicken Burger & Salad	\$6.50

### OTHER ITEMS

Corn Cob	\$1.50
Boiled Egg	\$1.00
Small Chips (Honey Soy/Plain)	\$1.50
Banana Bread (gluten free available)	\$3.00
Finger Bun	\$2.50
Cup Cake	\$1.50
Large Muffin	\$1.50
Sao x 2 Vegemite	\$1.00
Sao x 2 Cheese & Tomato	\$1.50
Fresh Fruit Cup	\$2.00
Jelly cup or Custard Cup	\$1.70
Jelly & Custard Cup	\$1.70
Frozen Yoghurt - 100gram	\$2.50
Cheese & Crackers	\$1.00
Springy Apple	\$1.50

### DRINKS

Water 600ml	\$2.50
Flavoured Milk Popper	\$2.50
100% Fruit Juice Popper	\$2.00
Slushy	\$2.50
Orange Juice Quench	\$2.50

### OVER THE COUNTER ITEMS

Ice Cream Tub	\$1.80
Lemonade Twist	\$1.80
Calippo	\$1.80
Cold Cups	.50c
Zooper Dooper Small	.30c
Zooper Dooper Large	.50c

Download the Flexischools mobile app from App Store or Google Play

[www.flexischools.com.au](http://www.flexischools.com.au)

Phone 1300 361 769

Place Flexischool order no later than 8:30am on the day.