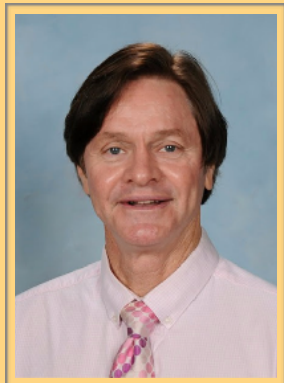




Good Shepherd Catholic College Mount Isa



Mr. Peter Scott
College Principal

Experience the Community Live the Values Achieve the Success

From the Principal

"Life moves pretty fast. If you don't stop and look around once in a while, you could miss it"
Ferris Bueller

I wanted to talk this week about gratitude. An article by Sr. Melissa Dwyer "Living gratitude day to day" and a TedTalk from Sam Berns, "My philosophy for a happy life", guide my thoughts.

Our society is so fast to ask for things. In terms of material possessions, we want the best and latest model of everything, and we want it now! Even when it comes to prayer, we are so quick to turn to God to ask for a solution, on our terms and in our time. Consequently, we often miss the opportunity to be grateful, focusing on what we have **not** got rather than counting our blessings for what we **have**. As Sam Bern's says, "be okay with what you ultimately can't do, because there's so much you can do". Showing gratitude is a pure response to the presence of God in our lives, conscious that everything we are and have, is a gift to us from God.

When we think about our own lives, we are surrounded with so much, however as a result we run the risk of being complacent. We are too often caught up in the trivial things and forget to be grateful for all we have. As Joni Mitchell says in "Big Yellow Taxi", "don't it always seem to go, that you don't know what you've got 'til it's gone". The invitation of Pope Francis "...Perhaps we need to ask ourselves: are we good at counting our blessings?" might seem to be a simplistic task. Yet if we took the time to consider all the things we are grateful for it might surprise us, the gift of life, the gift of faith, the gift of freedom, of family, friends...the list is endless. Being grateful has a way of opening our hearts and minds to the goodness that surrounds us.

As well as needing to grow in gratitude for the blessings we receive, it's far more important to be thankful for the challenges that we face in life. Although it can be tough to give thanks for difficulties that we encounter, or things that don't go our way, it is often the greatest challenges that lead to the greatest growth. How we come through hardships shapes us into the people we really are. The paradox of depression is that you must acknowledge your difficulties, before you can move on. We need above all, to always have something to look forward to. "Around here we don't look backwards for too long. We keep moving forward, opening new doors and doing new things." Walt Disney. If we believe we can change the world then that belief will make us happy.

As we continue our journey of faith, let us strive to be grateful for the unconditional love of God and for the moments that shape our character. Let us pray for grateful hearts, that our lives might become a story of gratitude for all that God continues to do for us. We need to have grateful hearts, brave and true, and minds that are focused on what we **can** do not on what we **cannot**.

As we come to the end of another term, let us be grateful for all the blessing that the GSCC community has brought our way, through the hard times and the good. I wish you a refreshing break and hope that you are grateful for this time, may you come back (especially the Year 12s) to term four ready to finish well.

God bless.

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Good Shepherd Catholic College Mount Isa



Mr. Senan Keating
Deputy Principal

IMPORTANT DATES:

THURSDAY 14TH SEPTEMBER
R U OK DAY

FRIDAY 15TH SEPTEMBER
LAST DAY OF TERM 3

TUESDAY 3RD OCTOBER
FIRST DAY OF TERM 4

MONDAY 9TH OCTOBER
YEAR 7 ORIENTATION DAY
& INFORMATION EVENING

MONDAY 16TH OCTOBER
PUPIL FREE DAY

Experience the Community Live the Values Achieve the Success

From the Deputy Principal

Who can believe we have reached the end of Term 3, 2017 is definitely flying by. It has been another busy Term with many curriculum and extracurricular events that have allowed our students opportunities to experience success both inside and outside the classroom.

I would like to wish all students and staff a safe and restful mid semester break, as they refresh and recharge for Term 4.

Report Cards

This week, the College will be mailing our Term 3 Interim Report Cards. These provide an overview of your Child's progress so far this semester. As with our other Report Cards, the College provides information on the Positive Learning Elements, as well as an Interim Achievement Level. It is important to note that this Interim Level of Achievement is based on Summative and Formative work. It is aimed to give parents an idea of how their child is travelling in the subject. Years 7 and 9 NAPLAN test results will be included with the paper copy of reports.

This Term, the College may also email Report Cards to the nominated email address we have on file. Emailing report cards provides you with instant access to this information and is something the College is beginning to move towards in the future. It is important that your contact details, especially your email address is up to date. Please contact the College Office to amend any details as required.

Information required to determine the Index of Community Socio-educational Advantage (ICSEA) for schools

As a reminder, Each year the Australian Curriculum, Assessment and Reporting Authority (ACARA) requests the College, under the ACARA Act 2008, for information regarding your child which is used to:

- formulating national reports consisting of aggregated data on school performance; and
- assisting government to formulate policies in relation to education matters.

Further information about ACARA can be obtained from the ACARA website at www.acara.edu.au. Access to the official ACARA Privacy notice can be obtained here. Should you not wish to have your child's data included please contact the College Office before close of business on Friday 15th September.

Awards Night

Planning is well underway for the Annual College Awards Night. In my last newsletter article, I outlined the criteria that will be used to determine Award Recipients. In the first weeks back at school in Term 4, lists of recipients will be published to students.

Awards Night will be held at the Mount Isa Civic Centre on Wednesday 1st November. This is an excellent night that showcases and recognises the achievements of our students. We look forward to seeing all parents and students attend to help celebrate the success of 2017.



Good Shepherd Catholic College Mount Isa

Experience the Community Live the Values Achieve the Success



Mrs Amy Webb
Assistant Principal (Pastoral)

IMPORTANT DATES:

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MONDAY 9TH OCTOBER
**YEAR 7 ORIENTATION DAY &
INFORMATION EVENING**

MONDAY 16TH OCTOBER
PUPIL FREE DAY

Assistant Principal – Pastoral

RUOk? Day

RUOk? Day is a wonderful opportunity to take the time to reflect on the importance of taking care of ourselves, and each other. As always, the College will begin RUOk? Day with a free breakfast for all students. Pastoral Leaders have also designed a number of activities to be completed in the morning. These will give students an opportunity to learn the skills to ask others if they are ok, as well as reminding them that it is ok to ask for help if they are struggling. Students will then participate in a number of rotations that have been designed to highlight the importance of health and well being. We will conclude the day with a concert in the LCC.



Young & eSafe Website

I received a notification last week regarding a fantastic new website; Young & eSafe provides practical advice by young people, for young people to help challenge the haters and fakers online. Young & eSafe is an initiative of the Office of the eSafety Commissioner. The eSafety Office works to keep Australians safer online by providing resources, programs and services which promote positive online behaviour.

There is a five part video series, real life stories of young people's experiences, and expert advice from some people in the know. As the most tech savvy generation ever, it's important to be armed with the right skills to help young people have the best possible experience online.

We asked young people what skills they needed to make this happen. Some of these included 'we need to be able to get back up when things go wrong,' and 'we need to respect other people's differences.' Young & eSafe empowers you with the skills to make a real positive impact in their online world.

It is so important that young people are making smart decisions when it comes to their online behaviour. Always remember - once you post it, you can't take it back.





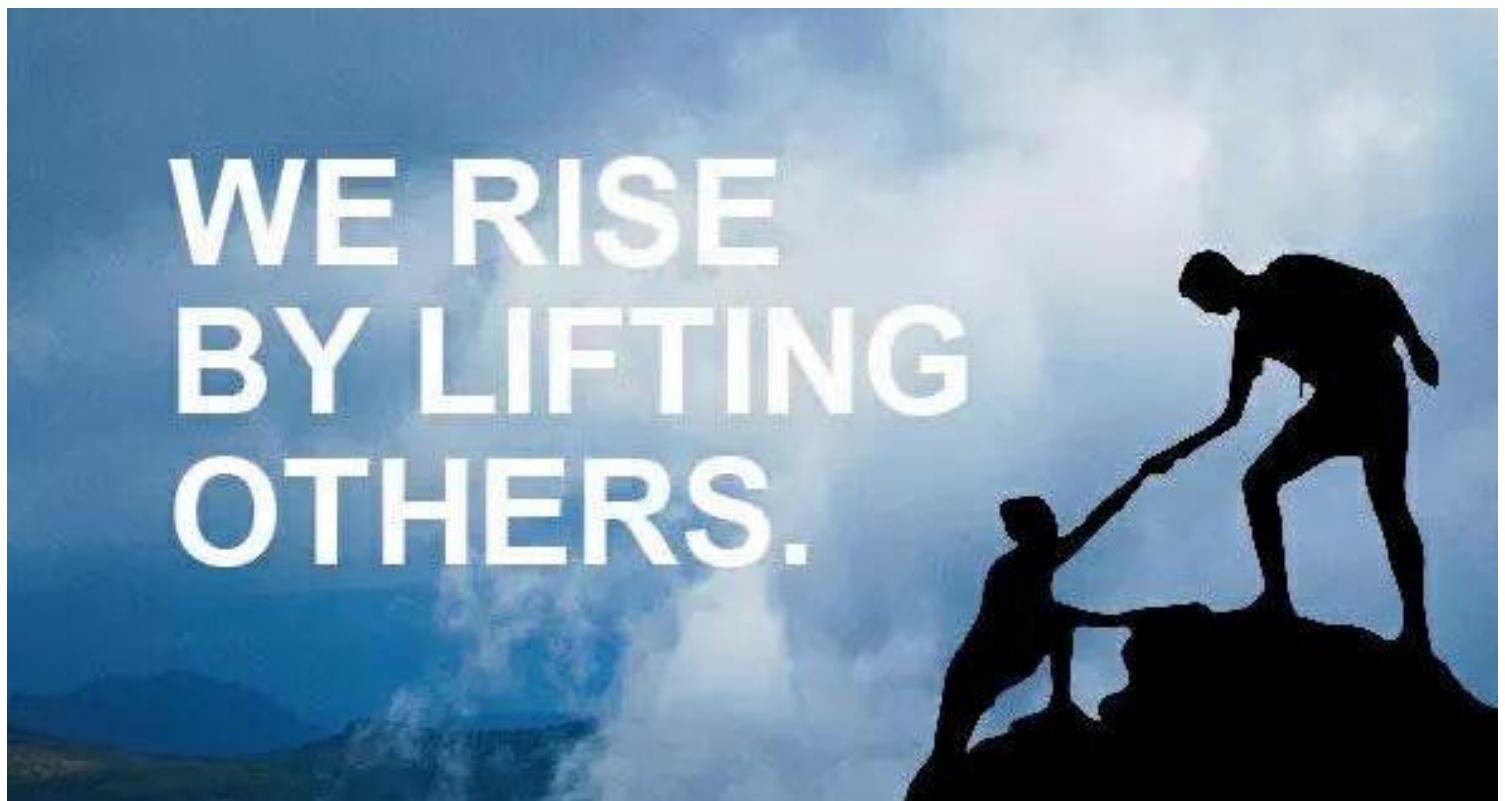
Assistant Principal – Pastoral continued

Term 4 Reminders

When students return in Term 4, it is important to remember the following College Expectations:

- ◆ A reminder that students must ensure that they have the full College uniform prepared for the first day of Term 4 (Tuesday 3rd October).
- ◆ Any hairstyles that have been altered over the break must be changed back to adhere to College expectations. As stated in the College Diary “hairstyles must be neat and tidy and not shorter than ‘Clipper No. 2’. No tracks, undercuts, mohawks or extreme styles or colours are permitted.
- ◆ For girls, hair must be off the face and tied up if hair is longer than collar length. For boys, hair must be kept above the collar, boys must also be clean shaven.”
- ◆ If students have misplaced or broken their lock, they will be required to purchase a new one from the College Office, this will be at a cost of \$15.

Thank you for a wonderful Term! I hope that you all have safe holiday, one which provides an opportunity for rest, renewal and reinvigoration. Next term is much shorter than the others, so it is important that all students return to the College, ready to work hard from Day 1!





Good Shepherd Catholic College Mount Isa

Experience the Community Live the Values Achieve the Success



Mrs Jacqueline Warren
Assistant Principal (Religion)

IMPORTANT DATES:

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**YEAR 7 ORIENTATION DAY &
INFORMATION EVENING**

MONDAY 16TH OCTOBER
PUPIL FREE DAY

Assistant Principal – Religious Education

Queensland Police Road Safety Week

On Thursday 24th August, three students from the College SRC (Student Representative Council) attended the Queensland Police Road Safety Week information day. They were involved in a variety of road safety activities and learnt the importance of following the road rules as a cyclist. Each student received a helmet which they individually designed and the overall major prize of a new bike was awarded to Sean Murphy. Below is Trent Philp's reflection of the day.

'During the road safety course I learnt how important a helmet is whilst riding a bike. I also learnt that if a car is driving at 60 km/h or under they must be a metre away from the bike rider and if they are driving at a speed over 60 km/h they must be 1.5 metres away from the bike rider. During the bike



Blessing of Bishop Timothy Harris' Photo

This week, during our whole school assembly, we blessed the image of our new bishop Timothy Harris. This image will be hung in the foyer in the front office as a constant reminder of the leadership, which our Bishop will provide to us, his flock. Please join us in a prayer for guidance from our new Bishop Timothy Harris.

Let us pray, Heavenly Father in these trying times when the spirit of the age threatens Christian values, give our Bishop, Timothy Harris holiness of life and wisdom to direct and guide our diocesan family so that we may grow in your love. We ask this prayer through Jesus Christ our Lord. Amen





Good Shepherd Catholic College Mount Isa

Experience the Community Live the Values Achieve the Success



**Ms Sammy Cobon
Science Teacher**

Hard Times Mine Tour

On the 22nd and the 23rd of August the Year 8 cohort along with their teachers went to the Outback at Isa Hard Times Mine Tour. The first leg of the tour saw the students get into their safety gear and head into the cage, where they travelled 7m underground. The tour was filled with interesting facts about the mine and how things work and run underground. One of the tour guides Bill, who used to work in the mines many years ago, told stories of the old times and engaged the students, allowing them to use an old hand drill and operate the stimulator for the explosions. The students thoroughly enjoyed their tour and it allowed them to expand their knowledge and understanding of the topic of work this term which is Earth Science. A large thanks to the teachers who organised and facilitated the students on the excursions.



We had a 'Blasting' Time!

In Year 8 Science this term the students have been learning about Earth Science; more specifically about the rock cycle and volcanoes. After the completion of their exam and a productive and fun filled term, Miss Cobon's class had the opportunity to construct, paint and explode their own volcanoes; and they went off with a bang!





Good Shepherd Catholic College Mount Isa

Experience the Community Live the Values Achieve the Success



Ms Nikki Dalla Vecchia
Curriculum Leader - HPE

From the HPE Department

In Week 9 this term, Good Shepherd Catholic College celebrated National HPE day. National HPE day is a nationwide initiative that highlights the importance of Health and Physical Education in our schools. Australian school children rank among the worst in the world when it comes to physical activity. To tackle this problem, they need to be taught skills and have better knowledge and understanding of how to lead active and healthy lifestyles. To celebrate, the HPE department ran a number of activities including a healthy breakfast, a 1 min rower and bike challenge, table tennis tournament and a staff vs student 30m sprint. We even had some of our staff and students go out of their way to walk/ride to school which was fantastic to hear about.



It was a very exciting day and I would like to thank all the staff and students who contributed or got involved in some way. We are all role models in helping young people take a step towards leading healthy and happy lives!

I would also like to acknowledge Ethan Roberts who was nominated by the Mount Isa City Council for the 2017 North Queensland PAYCE Sports Encouragement award. The PAYCE Sports Encouragement award is for a student (under the age of 17) who has demonstrated outstanding achievements in sport in 2017. Ethan was one of two recipients of the award from Mount Isa. The selection process takes into account the desire for the athlete to achieve in their sport and strives to encourage them to reach their goals. Ethan is an extremely talented young athlete, who aspires to one day be playing in the NRL. Congratulations to Ethan once again for being successful with his nomination.



Good Shepherd Catholic College Mount Isa

Experience the Community Live the Values Achieve the Success

From the HPE Department...Continued

Annual Sports Awards Night

The HPE department is proud to announce that we will be hosting our annual Sports Awards Night on Wednesday 25th October in the Lumen Christi Centre. Sport at the College plays a very important role here at our College. The vision for the Sports Awards Night, is to acknowledge student achievement in sport for 2017, and encourage students to strive to achieve their maximum potential. Our theme for this year is 'reaching new heights'.

On the night we will be presenting awards to students that have represented the School, District and North West region in a range of sports. There will also be awards for 'Spirit in Sport' and the prestigious Sportsman and Sportswoman of the year. More specific criteria for each award will be sent out early next term along with a list of student recipients.

We believe this prestigious event will be a great opportunity to also acknowledge the staff, parents and other members of our community, that have helped support our sporting teams throughout the year.





Good Shepherd Catholic College Mount Isa

Experience the Community Live the Values Achieve the Success

COMMUNITY NOTICES

**MOUNT ISA
Springtime
MORNING MARKET**
SUNDAY 8TH OCTOBER
8AM TO 12PM
MILES STREET

MARKET STALLS - FOOD STALLS - PLANT NURSERY
LIVE ENTERTAINMENT - CHILDREN'S ACTIVITIES - MILES STREET STORES

SPONSORED BY:

NW COMMERCE North West
MOUNT ISA MINNESOTA
GLENCORE COMPANY
HIT 102.5
DESERT LUKE

CONTACT: markets@whereheoulbacklives.com.au
FOLLOW US: [Facebook](#) [Instagram](#) [Twitter](#) [LinkedIn](#) [YouTube](#)

**picaninni
filigree**

Picaninni Filigree is the brainchild of a tellurian who saw an opportunity to bring together like-minded crafty adults and kids to share ideas, acquire new skills and most importantly, have fun while doing so.

Our mission is to provide frequent opportunities for the creative people of Mt Isa to learn a variety of crafts throughout the year. There are no membership fees or long term commitments, just informative, casual and enjoyable craft events on a regular basis.

Through a variety of workshops, master classes, demonstrations, guest speakers and meet-ups, Picaninni Filigree will ensure you make new friends whilst learning new crafty skills. Watch this space for all events to be scheduled in the Isa, where we welcome all adults and kids, from complete novices to experienced craft masters. Workshops for adults and kids differ in times, or you can book private lessons so families can learn together.

We are also happy to accommodate private group bookings whether it's a special occasion or just a get together with a group of friends for a craft afternoon.

Each workshop includes craft materials, over a 2 hr period.
Pre bookings essential - payments upon bookings.

All tutors are Blue Cards Holders.

Every Saturday at the Irish Club

\$5 DISCOUNT
ON ENTRY FOR THE PICANINNI FILIGREE KIDS FUNCTION
VALID - ONE TOKEN PER PERSON/ONE TOKEN PER FUNCTION
EVERY SATURDAY AT THE IRISH CLUB - VISIT OUR FACEBOOK PAGE FOR MORE DETAILS

**picaninni
filigree**

0424 295 390 picaninni.filigree@hotmail.com

School Holiday Programs - Tues/Wed/Thurs - call now for more info/register - limited spaces

Like and share
[Facebook](#)
Picaninni Filigree

HorseToSoul
Learning for Life

Offering Life Skills development programs where **HORSES** are the **TEACHERS**

If you are looking for fun, interactive hands on learning where you can go on a fun discovery of yourself and develop things like

- self esteem
- communication,
- empathy and
- leadership

all while having a really great time then our programs could be for you!

Our programs are suitable for anyone with a cognitive age 9 yrs and up!

**ENJOY A FREE SAUSAGE SIZZLE
BRING YOUR CHILDREN
MEET THE HORSES**

We are having our very first **OPEN DAY** so come and have a look and see what it's all about!

When:
Saturday 23rd
September 1.00pm

Where:
Campdraft grounds
"Lagoon Park"
Bendall Drive off
Duchess Road

Owner and facilitator - Tamara Nowlan
Phone: 07 4748 4818; Email: tnowlan2@gmail.com

School Photographs

If you would like to order or re-order any school photographs we have a folder to look at and order envelopes located in the office at the College.

These include special group photos of: Student Leadership Team, Musical cast, QATSIF, QISSN, FOOAP, IYDP, IYLP & Homeroom groups.