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# **Kingston / Logan City Wellbeing & Support Services**

Find a list of key wellbeing, counselling, crisis, housing, financial and domestic violence support services available to students and staff in Kingston, Brisbane.

### **Kingston East Neighbourhood Group (KENG)**

Service Type: Community support, counselling, crisis relief, housing, financial assistance, family & personal support.

Address: 177 Meakin Road, Slacks Creek, QLD 4127

Phone: (07) 3808 1684

Hours: Mon-Thu 9:00am-4:30pm; Fri 9:00am-2:30pm

**Key Programs:** 

- Emergency Relief (food vouchers, bill assistance)
- Personal & family counselling / relationship support
- Immediate Supported Accommodation (ISA)
- No Interest Loan Scheme (NILS)
- Men's Group: Great Mates Meet
- Youth, childcare & community development programs

#### Open Minds – Logan (Kingston / Slacks Creek)

Service Type: Mental health & psychosocial support.

Address: Unit 2, 378 Kingston Road, Logan Central QLD 4114

Phone: (07) 3158 4111

Referral: 1300 673 664

Services Provided:

- Mental health & psychosocial disability support
- Support with accommodation, employment & daily living
- No referral required for many services

### **QPASTT – Support for Survivors of Torture & Trauma**

Service Type: Mental health & wellbeing support for refugees/asylum seekers.

Address: Unit 19, 390 Kingston Street, Slacks Creek QLD 4127

Phone: (07) 3089 4310

Website: qpastt.org.au

# **Emergency & Crisis Helplines (Queensland / National)**

Lifeline: 13 11 14

Suicide Callback Service: 1300 659 467

DVConnect: Women 1800 811 811 | Men 1800 600 636

1300 MH CALL – QLD Mental Health Crisis Line: 1300 642 255

1800 RESPECT – Domestic & Sexual Violence: 1800 737 732

DVConnect – Domestic Violence Hotline: 1800 811 811