

MICRO NEEDLING

GET THE FACTS



WHAT IS IT?

Micro Needling treatments offer a safe and effective treatment for facial rejuvenation, anti-aging, treating acne scars, wrinkles, fine lines and stretch marks. The treatment uses a small handheld roller which is covered with many tiny closely-spaced needles. As the device rolls along the skin, the needles create tiny holes without damaging the epidermis.

HOW DOES IT WORK?

Also known as CIT "collagen induction therapy" and "dermal rolling", this treatment stimulates a natural reaction in your skin to produce more of its own collagen, producing new, tighter skin and an overall smoother and rejuvenated complexion.

SKIN NEEDLING IS USED TO:

- Stimulate the production of collagen
- Reduce the appearance of wrinkles, pigmentation and sun damage
- Treat acne scarring
- Reduce the appearance of scarring, stretch marks and cellulite
- Reduce the appearance of enlarged pores
- Reduces pigmentation marks
- Assist in the absorption of cosmetic skin care products

DOES THE TREATMENT HURT?

The treatment is carried out using topical numbing cream. You will feel pressure on your skin, but you should not feel any pain.

HOW WILL MY SKIN LOOK AND FEEL AFTER A MICRO NEEDLING TREATMENT?

Directly afterwards, your skin will be red (feeling like a sun burn) but you can return to normal activities immediately. Your skin may feel warm and tingly for the next 24-48 hours, this is normal as your skin heals. The redness can be covered with mineral make-up, although we prefer to leave your skin without makeup directly after your treatment.

WHAT SKIN PREPARATION NEEDS TO BE DONE BEFORE HAVING A TREATMENT?

Micro Needling treatments can only be performed on skin that has been prepared for at least one month to achieve optimal skin health, therefore maximum skin healing and collagen formation. We recommend a skin care routine using Environ or DermaViduals incorporating vitamins A, C, E and Antioxidants. Internal supplements such as fish and flax seed oils will condition your skin from the inside.

WHAT DO I NEED TO DO WITH MY SKIN AFTER MY TREATMENT?

Included in your Micro Needling treatment at Boheme, you will be booked in for an enzyme facial four days post treatment. This is when your skin will feel quite dry and it's the perfect time to gently exfoliate and nourish it with the right vitamins for maximum results. All other home care is tailored to your skin and is discussed at the time of your Micro Needling treatment.

HOW MANY TREATMENTS WILL I NEED?

A more healthy, rejuvenated skin can be achieved in one treatment however if you have a specific complaint, a course of treatments will be recommended by your therapist depending on the skin condition you want to treat. Treatments can be done 6-8 weeks apart.

Results can be produced up to 12 months after your treatment course due to your skin producing stronger and better quality collagen over a long period of time.

Home treatment rollers are available. These have much shorter needles which only microscopically and painlessly break the surface of the skin. When used with your regular skin care routine, the home roller can increase the absorption of your skin care products by 400% and enable you to get maximum results from your products.

Boheme • Kirwan

89 Thuringowa Drive

Kirwan

Ph: [07] 4773 4402

kirwan@bohemebeauty.com.au

Boheme • City

477 Flinders St West

Townsville City

Ph: [07] 4724 5900

city@bohemebeauty.com.au

Celebrating 10 years in the city!